

# QuickRelease

September/November, 2001  
Volume 19, Issue 4



## Annual Club BBQ Ride: Too Good to be True!



If you couldn't make it to our annual picnic at Too Good Pond in Markham this year you missed out on a perfect riding day, great camaraderie, and plenty of food reading and waiting at the park.

Thanks to all the tourleaders and especially Bob Everett, Brenda Porter and Joe Hickey (pictured below) who each sacrificed a day's riding to make this event such a great success.

Without volunteers, events like this simply don't happen and TBN is lucky to have some of the best volunteers around.



Photos Courtesy: Brenda Porter

## FALL DINNER DANCE SATURDAY, OCTOBER 20

**Whistler's Grill and Café Bar**  
995 Broadview Ave., at Mortimer

Reception with cash bar opens at 6:30 p.m., dinner at 8:00 p.m. and dancing will follow our elections! Held in conjunction with our **Annual General Meeting**, you'll help elect a new Board of Directors for the upcoming year. It is also an excellent opportunity to thank the outgoing board and all of our volunteers who have assisted in making this such a great year for TBN.

This year we return to a venue we haven't used in a number of years, the conveniently located Whistler's, on

Broadview Ave a few blocks north of Danforth.

Members Price: \$20/person  
Non-Members Price: \$25/person

Make cheques payable to the Toronto Bicycling Network and mail before the **October 15 deadline** to:

Ron Fletcher  
121 Victor Ave.  
Toronto, ON M4K 1A7

Please include your name, address, telephone number, number of persons

attending and their membership numbers if applicable. Confirmation of reservations will be done by phone. If you have any questions, contact Ron at 416-461-9695.

**TTC Directions:** Take the Bloor-Danforth subway to Broadview station, Whistler's is an 8-minute walk north on Broadview, east side.

**Parking:** Parking available at Whistler's. Special note to first-timers: TBN does not issue "tickets" for social events. Your name is added to an attendance list when we receive your cheque. You need only identify yourself at the reception desk when you arrive at the event. Simple, no?

**Board of Directors**

VP, Touring	David Weil	416-762-9846
Acting President &VP, Skiing	Ian Tytler	416-429-3846
Treasurer	Doug Innes	416-252-7073
Secretary	Jackie Meharg	416-266-3131
Social Director	Ron Fletcher	416-461-9695
Publicity & Promotions	Brenda Porter	416-694-3272
Education Director	Frank Remiz	416-654-4747
Weekend Trips Director	Joshua Wolman	416-780-1683
Director of Cyclon	Anne Nikkel	416-532-0364
Managing Editor QR	Owen Rogers	416-232-0243
Past President	John Corbett	416-778-7657

**Everyone else**

Easy Roller	Dan Engels	416-429-6088
Leisure Wheeler & Membership Secretary	Alan Gordon	416-447-6586
Tourist & Sportif & Webmaster	Owen Rogers	416-232-0243
Country Cruise & Saturday Shorts	Rowena Maclure	416-487-1474
Wednesday Wheelie	Bill Hannaford	416-482-2125
Wednesday Nights	Ron Fletcher	416-461-9695
Thursday Nights	C. Julian Ward	905-683-9638
Friday Night Ride	John Tytler	416-445-6192
Saturday Morning Ride & Inline Skating	Martha Scott	416-443-0619
Mountain Biking & Trail Rding	Martin Habgood	mtb@tbn.on.ca
	Dan Roitner	mtb@tbn.on.ca
Indoor Spinning	Manuela Gobato	416-762-9846
City Walks	Mark Brousseau	416-466-4979
Hiking	Terry Davison	905-453-1952
Ice Skating	Molly Cheung	iceskate@tbn.on.ca
TBN Toronto Cycling Committee Rep.	Martin Koob	tcc-rep @tbn.on.ca
Hotline Announcer	Kimberley Wetmore	-

**Quick Release**

Original Design	David Young
Layout Execution	Owen Rogers

# FALL HIKING PROGRAM

Looking for a change of pace after a great summer of cycling yet still wanting to participate in a vigorous outdoor activity? Come along and join TBN on scenic hikes of 10 - 20 kilometres, often along the Bruce Trail. This is a great opportunity to spend some time getting to know fellow TBNers even better while maintaining your fitness level in anticipation of the cross country ski season. As for the specific hiking locations and start times, check the Hotline, website or subscribe to the weekly email. There will be a weekly hike every Sunday starting October 14.

The first few hikes will offer easier terrain and distances to let you get your hiking legs.

**A few tips:**

Remember to bring along your hiking boots! (NOT running shoes), a water bottle, lunch and a backpack to carry things in. Layered clothing works best for hiking, so don a couple of pairs of socks--perhaps a polypropylene pair (sock-liners) for wicking

**Quick Release** is published five times a year. Members are encouraged to submit material for publication. Classified ads are free for members. To discuss a submission, call Owen Rogers, Managing Editor at 416-232-0243 or e-mail newsletter@tbn.on.ca.

For the **Dec/Feb** issue the deadline for submissions is **Nov. 5**.

We would prefer submissions be made digitally, so send ads/ stories/graphics to: newsletter@tbn.on.ca in one of the following formats: text.txt, word.doc, wordperfect.wp ... and your graphics/photos in these ones: .jpg, .eps, .gif

Analog submissions may still be made by lettermail to:

Toronto Bicycling Network  
Attn: Editor, Quick Release  
131 Bloor Street West, Suite 200, Box 279, Toronto, Ontario, M5S 1R8

**Moving? Moved?**

Send changes of address and corrections to: memsec@tbn.on.ca or leave a message on Line 3, the Social & Membership Mailbox of the Hotline

Telephone 416 760-4191  
Website www.tbn.on.ca  
e-mail info@tbn.on.ca

(please specify intended recipient in the subject field of your e-mail)

**To best use TBN's voice mail system, follow these easy steps.**

DIAL



**416-760-4191**

to go directly to the main menu.

**From the main menu press...**

- 1 weekend & holiday rides
- 2 weekday rides
- 3 social events & membership information
- 4 weekend trips,
- 5 Cyclon 2001 information

**Hotline tips:**

When in the Main Menu you can make a selection at any time, and you don't have to wait for the message to finish.

You can return to the main menu after making a choice, by pressing 2 at any time. After making a selection from the main menu, you can press 1 to leave a message related to your Main Menu choice.

Please be sure to select the appropriate mailbox to leave your message in.

If you're not sure where to leave your message, please leave it in the Social & Membership mailbox (i.e. press 3 from the main menu, then press 1)

moisture away and a wool pair for warmth. It's also a good idea to bring a second pair of shoes for the drive home (it helps keep the driver's car clean!)

--Terry Davison

### **Caledon Hills Bruce Trail Club Annual End-to-End Hike Thanksgiving Weekend - October 6, 7 & 8**

Caledon Hills BTC invites TBN to join in their annual three day end-to end hike on the Thanksgiving weekend. Plan now to participate in one of the most enjoyable and challenging hiking experiences of the year. The three days will cover an 83 km hike through the glorious fall colours of the Caledon Hills. Meet new faces, and get your hiking legs in shape as you earn your "Fall Colours" end-to-end badge, awarded only to those who complete this event.

You don't have to be a member with any BTC to participate, but you must register by sending a cheque for \$19 (covers shuttle bus transportation from trailhead to trailhead only, snacks, refreshment stops and badge) payable to Caledon Hills Bruce Trail Club, or \$8 per day and mail to:

Peter Ellison, 142 Goldhawk Trail, Scarborough, Ontario M1V 1W5. If you have questions, call Peter at (416) 293-7609.

## **education update**

### **Director's Report**

Over the past year, your bicycling club has organized ten education events, plus a Riding Skills Clinic, and a very successful set of Bike Repair Clinics.

In virtually every case, people gave very generously of their time without any payment in return. Now it's your turn! Do you have a secret talent or valuable information that you would like to share with your club members? The club's Education Director can help you make arrangements.

Toronto is a great hub of information and resources on bicycling. You can learn about battery-assisted bicycles, and commercial freight bicycles. Don't forget about that list of websites published a few months ago, and the multitude of links at the club's own website.

After two years as Director of



Education, it's time for me to move on. Please call me if you may be interested in this role: 416-654-4747.

--Frank Remiz

### **Upcoming Education Events**

#### **Thursday November 1: RANDONNEURING**

This unique approach to long-distance, self-sufficient riding has a long history and international appeal. Come out and learn about brevettes, which often entail riding at night. Phil Piltch will show a video of the 90 hour, 1200 km, Paris-Brest-Paris event, and talk about how he mentally and physically prepared for it. Afterwards, you can socialize and shoot some pool.

Cost: Free (even the pool is free!).

Location: Coronation Billiards (Party Room), 378 Eglinton Ave. W. (about four blocks west of Eglinton Station).

Time: 7:00 p.m.

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## **membership profile**

### **Lionel Simmons**

Joined TBN: 1997.

#### **First Bike?**

See photo but I definitely remember a red balloon tire Rollfast when I was ten-years-old. I think it was later stolen from me. Then Mercier and Torpado "ten-speeds" and now, two Marinonis, a road bike and a sport touring model.

#### **Favourite Rides:**

West - Caledon rides

East - Uxbridge/Goodwood

Out of Province - The Cabot Trail Ride (which I'm doing this year for the third time)

Won't Soon Forget: TNT 2000

Rain, wind, cold = hypothermia!



Bikes have always had a positive influence on my life. I stopped smoking when I rode my ten-

speed. I changed my lifestyle when I bought a Peugeot from Goodwill and rode the bike trails, alone, until I joined TBN

in '97.

Now, it's Wednesday Wheelies, Sunday rides, Rideau Lakes, and riding with the Valley Stove and Cycle club in Wolfville, N.S. when I'm in the East. This year I started tourleading, am working on my navigating skills and hope to better the 12,000 kms I did last year.

Last December a friend convinced me to try cross-country skiing which I enjoyed more than I could have imagined and I now look forward to skiing .

In closing, I would like to say that reports of my obsession with colour coordination are greatly exaggerated, even if I did buy a set of blue and yellow tires recently.



### Cyclon Director's Report

**170** cyclists, 1360 meals, 25,000 kilometres travelled, one good time. That in a nutshell is the story of Cyclon 2001. The TBN's annual extravaganza of touring, gnoshing and partying rolled out of Guelph on the weekend of August 4th-6th with rides heading to all points of the compass.

Cyclon's 2001 edition returned to Guelph for the second year. A number of new rides were introduced and certain routes were fine-tuned from last year's edition. Two tourist attractions - the Wings of

Paradise Butterfly Habitat and the Halton County Radial Railway museum were added to the daily routes and made for interesting visits as well as shady hang-outs during the ride schedule.

A real hit was the new lunch stop on Civic Holiday Monday at the Springfield Golf and Country Club. A "Welcome Cyclon" sign on the main marquee directed us to a well-stocked lunch buffet in an air-conditioned banquet room - a welcome respite from the heat of the weekend and a great final opportunity to meet and greet fellow Cyclon riders.

Cyclon registrants included many familiar faces as well as some visitors from afar. One couple from England joined 12 Americans at the event adding interesting stories and accents to the discussions of the day's rides. Cyclon also welcomed representatives from the Beaconsfield Cycling Club in Montreal as well as riders from all around Ontario.

At the registration table all registrants were presented with a commemorative water bottle as Cyclon celebrated its 15th anniversary. This turned out to be very appropriate, as the weather at this year's Cyclon was hot and sultry all three days. The sag wagon teams managed to dispense almost 50 litres of water on the road to thirsty travellers over the course of the weekend.

The one major disappointment of the weekend was the residence facilities at Guelph. Poor ventilation, unannounced construction on campus, elevator breakdowns (sometimes with passengers and other times without) and incomplete housekeeping services put a bit of a damper on the Committee's spirits. Fortunately, the most important part of a weekend for any cyclist - the FOOD - was generally very good and sometimes excellent.

--Anne Nikkel, Director, Cyclon 2001



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Photos Courtesy: Chris Zanella, Bois Wilson, Mark Nickel

## Cyclon 2001 Committee

Many participants remarked on the good value that Cyclon 2001 represents. After all it is hard to get an all-inclusive weekend event for less than \$250.00 these days. This is only possible because of the tireless support and work of the all-volunteer organizing team and 20 other volunteers who assisted with tourleading, sweeping, registration and bag lunch distribution.

Our congratulations and thank you for a job well done go to the Cyclon Committee:

- Denis Grey (Registration Kits)
- Bill Hannaford (Route research & publication)
- Eileen Harbinson (Volunteer Co-ordinator)
- Doug Innes (Treasurer & Route Design)

- Alan Kary (Registration)
- Anne Nikkel (Cyclon Director)
- Phil Piltch (Education & Outreach)
- Brenda Porter (Publicity & Promotion)
- Chris Zanella (Photo CD & Promotion)

2001 marks the "retirement" of two key committee members. Bill Hannaford has provided route research and map creation for seven Cyclons in a row and is planning to take a few years off. Brenda Porter has attended over 10 Cyclons and has been directly or indirectly responsible for the five Cyclons prior to 2001. Her support and information was invaluable to the Cyclon 2001 team. Good luck in the future Brenda!

## Cyclon 2001 - A Rider's Eye View

This year marked the 15th annual Cyclon celebrated in Guelph and it was HOT - in every way!

On Saturday, the short tourist ride to Elmira found itself facing an unexpected obstacle in the form of a missing bridge!!! Given the option of retracing the ride back a few kilometres to detour or taking an unplanned hike through a golf course intrepid TBNers naturally took the "road less travelled". At one point while stepping through the manicured fairways we stopped behind a novice golfer about to swing so as not to disturb him. As he lucked out to make a fantastic shot, he turned to the clapping of an audience ... on bicycles! We moved on through the golf course and used a cart bridge to cross the river, walking our bikes up a steep grass hill, the most difficult hill of the day.

After Saturday's rides, over 70 cyclists were pleased to take advantage the University's swimming pool and whirlpool. Some lucky cyclists also took advantage of massage services available for the first time at a Cyclon event.

**Continued on page 7**



### Cyclon 2001 CD Still Available!

We hope to add a gallery of photos from Cyclon 2001 to the website like we did last year so if you have any snaps you'd like to contribute please send your scans to [photos@tbn.on.ca](mailto:photos@tbn.on.ca). And for those of you who can't wait to get your hands on the Cyclon Photo CDROM documenting the whole weekend in very high resolution suitable for printing, a form is available on the website to make ordering this memento that much easier. The cost for the CD is only \$10!!!



## Cyclon: A Rider's Eye View continued from page 5

Those with energy left after dinner on Saturday went into town for the second annual Pub Tour in downtown Guelph. By the end of the evening, most pub-crawling Cyclon participants found themselves on the back porch of the Woolwich Arms listening to the relaxing live music of a singer-songwriter. Presumably, a fun time was had by all, although some of us had to go to bed early!

Breakfast on Sunday brought the usual Cyclon conversation starter "Which ride did you do yesterday?".

Typical answers included "I can't believe we did 47 kilometres." (Leisure Wheelers and Easy Rollers), "We did the 79 but it was really 85." (Short Tourist), and "We did the 117 but got lost so it was really 130." (Long Tourist).

Sunday rides set out on a clear day with the promise of more high temperatures. My ride was interrupted by a couple of broken spokes coming out of Elora. While riding with a warped wheel, I was pleased to spot the Cyclon sag wagon and hop on for a lift along with a rider from Michigan who had been having problems with her "highly recommended" bicycle.

The dinner dance on Sunday brought the usual hungry crowd indulging in the buffet and dancing the night away. Adding to the evening's excitement was the presence of a bat (yes a bat!) chased out of the building by the staff and into the Cyclon crowd sitting on the stairs outside. Thanks to John who brought out the freezees at just the right time, they hit the spot!

Monday's rides offered the option of stopping at the Halton County Radial Railway Museum. Those who took advantage of the stop were pleased at having done so. With my bike out of commission, I navigated the sag wagon with Cathy Conway who did a great job as the driver all weekend. Finding a strategic (but too sunny) stop on the side of the road we were able to offer water to all riders (even the occasional Long Tourist and Sportif riders who were willing to stop!). Having applied my sunscreen that morning as a cyclist would, it was too late when I realized that I was wearing sandals under the hot sun with the tops of my feet unprotected... ooops!

Riders received a refreshing welcome and a delicious lunch at the Springfield Golf and Country Club and were pleased to only have a short distance to ride back to the residence.

--Galit Minuskin



# ride classific ations

**Leisure wheeler** Distances of 20-60 km, at speeds of 15 km/h or less, at a "leisurely" pace. Designed as a series of entry level rides for novices, those returning to cycling after a long absence, and senior riders.

**Easy roller** Distances of 20-60 km, at speeds of 15-20 km/h, at a relaxed pace. Routes are often on quiet streets and bike paths in the city and surrounding areas.

**Tourist** Distances of 50-200 km, at speeds averaging 20-25 km/h, at a comfortable pace. "Short Tourist" designates rides in the 50-70 km range. "Advanced Tourist" rides are in the 120-200 km range.

**Sportif** Distances of 90-200 km, at speeds averaging 25-35 km/h, usually at a fast pace.

**Country cruise** These novice/tourist rides of 40-120 km explore the country roads of southern Ontario. Start points are within a 90-minute drive of Toronto. When carpooling, passengers are expected to offer \$5 to the driver for gas.

**Saturday cruising shorts** Short, scenic country rides with start points far enough removed from the city yet still within easy driving distance. Routes are taken from our inventory of Country Cruises. Starting time is 9:00 a.m.

### Ride schedule notes:

- Ride schedule is subject to change. Listen to the weekly update on the HOTLINE for the latest ride information.
- All start times are 10 a.m. unless otherwise noted.
- Helmets are mandatory on all TBN rides.
- Bring your membership card to show the Tour Leader.
- Non-members are welcome for a \$5 fee. This can be credited to the TBN membership fee (max. \$5. credit).
- "Après" refers to the Après-Ride Stop.

# weekend touringschedule

## september 16 to october 28

### Sunday, September 16

#### **HOCKLEY ROAD HURRICANE -**

Now in it's sixth year, this big looping route covers a lot familiar territory, plus the scenic part of the Hockley Road sandwiched in between. We've even got a silver Double Metric Century Patch for all those who complete the ride. After you've recovered from the Hairshirt this one should be a breeze! Note to veteran's of recent years: new, improved route and a bullet-proof cue sheet guaranteed.

Time: 8:30 a.m.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 205 kms

Class: Advanced Tourist

#### **HOLLAND MARSH-SCHOMBERG -**

We'll ride among the vegetable fields in the Holland Marsh before heading to Schomberg for brunch. Long tour continues along a new route to Bolton.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Time: 8:30 a.m.

Dist: 105 & 130 kms

Class: Advanced Tourist, Sportif

**OAKVILLE ODYSSEY -** Get in shape for the LW Century by riding from Old Mill out to a quiet garden in classy Oakville. Bring lunch.

Start: Outside the Old Mill subway station. If driving park in the Etienne Brulè parking lot just around the corner.

Dist: 65 kms

Class: Leisure Wheeler

**ELDORADO PARK -** New ride for 2001! TBN revisits a destination that was very popular before the 407 came along. The Churchville/Eldorado Park area is so quaint, you won't believe you are still in the GTA! Lunch in the park. Bring lunch, or but it along the way.

Start: Grenadier Restaurant, High Park south of the intersection of Bloor St West and High Park Ave.

Dist: 75 kms

Class: Easy Roller

Après: Future Bakery, Bloor West at Kennedy, just east of Runnymede

**KETTLEBY/SCHOMBERG -** Three new routes ride to the historic village of Kettleby, before diverging to lunch stops in Maple or Schomberg.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 70, 90 & 105 kms

Class: Advanced Tourist, Short Tourist, Tourist

#### **ESCARPMENT ADVENTURE -**

Experience all the escarpment has to offer including a possible trip to the Royal Botanical Gardens just outside Dundas, if you like. A fairly hilly, somewhat demanding ride.

Start: Town of Waterdown. Head west on Dundas St (Hwy 5) to Waterdown. Meet at the IGA Plaza on the northwest corner of Hwy 5 and Hamilton St.

Dist: 52 & 72 kms

Class: Country Cruise

### Sunday, September 23

**COLGAN/BOLTON -** Well-received in its inaugural outing, this ride takes in the Marsh, Colgan and more. Short route lunches in Bolton.

Time: 8:30 a.m.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 115 & 145 kms

Class: Advanced Tourist, Tourist

**MAPLE BRUNCH RIDE -** The last LW visit of the season to TBN's favourite bakery.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 35 kms

Class: Leisure Wheeler

Après: Tim Horton's, east side of Yonge, north of Bishop

#### **EASY ROLLER LEADER POTLUCK BBQ THANK-YOU RIDE -**

(Try saying that Fast!) Ride through Leaside, Don Valley Trail, Riverdale, and East York before visiting Dan Engels' for a Pot Luck BBQ. Note: Ride will swing by Dan Engels house to drop food off before rest of ride. RSVP for this ride to Dan Engels at 416-429-6088.

Start: Davisville Tennis Courts, northwest corner Davisville and Mount Pleasant.

Dist: 50 kms

Class: Easy Roller

Après: Chez Dan

**BOLTON HAMMER -** Two routes to Bolton, the longer one offering (a lot) more hills, followed by a rolling return route via Kleinburg.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 85 & 115 kms

Class: Advanced Tourist, Tourist

Après: Slug & Lettuce, NW corner of Yonge & Finch

**NIAGARA WINE LOVER'S TOUR -** Oenophiles unite! Tour picturesque wine country, then return to "the most scenic winery in Niagara". A complimentary wine tasting and tour may follow the ride.

Start: Vineland Estates Winery. Take the QEW west to exit 57, Victoria Avenue. Go south to Vineland. Please note that parking is not available at the Winery or along the road outside. You must park in town and ride a short distance to the start. Continue on your bicycle past stop light and then turn right on Moyer Rd. The route instructions begin at the entrance to the Vineland Estates Winery on Moyer Rd.

Dist: 61 & 89 kms

Class: Country Cruise

## Sunday, September 30

**BALLINAFAD-BELFOUNTAIN** - A new route to an old favourite via the backroads of Halton. Note, 3 kms of smooth dirt road enroute. Short tour heads to Glen Williams.

Start: Kipling Subway Station, north parking lot, on Subway Crescent, south of Dundas and west of Kipling.

Dist: 115 & 135 kms

Class: Advanced Tourist, Tourist

Après: Tim Horton's, NW corner Dundas St. W at Aukland

**THE LW METRIC CENTURY** - Travel along the lakeshore from Toronto into Oakville. Mostly level trails and quiet streets, many exit points if you get tired. Bring snack foods.

Start: Boardwalk BBQ Pub (formerly the Boardwalk Café) just east of Coxwell & Lakeshore in the eastern beaches area. Woodbine Beach parking is \$5, but free street parking is available on both sides of Coxwell Ave.

Dist: 100 kms

Class: Leisure Wheeler

**AMBERWOOD FARM PICNIC** - New ride for 2001! Travel the East Don through Richmond Hill to Amberwood Horse Farm. Bring lunch or pick up lunch on the way for yourself, and apples and carrots for the horses. Led by equine lover Carrie Hillhorst!

Start: Edwards Gardens' parking lot, Lawrence Ave E. & Leslie.

Dist: 60 kms

Class: Easy Roller

Après: Jack Astor's, Don Mills Shopping Centre, Don Mills and Lawrence, or snack bar at Edwards Garden (if open).

**CEDAR SPRINGS SOJOURN** - A little fun and a breathtaking view in the hills around Lowville. Short tour lunches in Streetsville.

Start: Kipling Subway Park and Ride, north lot.

Dist: 80 & 115 kms

Class: Advanced Tourist, Tourist

**THE COBOURG CYCLING CLUB'S TOUR OF RICE LAKE** - Experience the colourful Pine Ridge area in the midst of Fall on this tour of Rice Lake and surrounding region. As this ride is hosted by the Cobourg Club, there is a fee of \$10 which pays for the cost of a support van, maps, a certificate of accomplishment and use of the facilities of the YMCA (Change rooms, Showers, Whirlpool, Pool, Sauna).

Start: Ride begins at 10:00 a.m. from the Cobourg Family "Y", 339 Elgin Street. From Highway 401 exit at Burnham Street then head south. At first lights turn left onto Elgin St. to the "Y". Contact: Cobourg Cycling Club 905-372-9502 or 905-372-3115

Dist: 60 & 100 kms

Class: Country Cruise

## Sunday, October 7

**QUEENSVILLE/GOODWOOD RIDE** - A hilly route with a brief interlude in the Holland Marsh. Late lunch in Goodwood. Short tour returns via Sharon.

Time: 8:30 a.m.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 110 & 140 kms

Class: Tourist, Advanced Tourist

**AUTUMN COLURS BBQ** - This final LW ride of 2001 will follow the Beltline Trail and some quiet residential streets to finish at our second end-of-season BBQ. Start: Davisville Tennis Courts at Millwood Rd & Mt. Pleasant.

Dist: 23 kms

Class: Leisure Wheeler

**PETTICOAT CREEK CONSERVATION AREA** - From the east end of Toronto to a quiet park in Pickering along the Rouge Valley. Bring lunch, as there are few places to pick up lunch along the way.

Start: Shoppers World, Danforth & Victoria Park - Coffee Time Donuts

Dist: 56 kms

Class: Easy Roller

Après: Tropical Nights

**MUSSELMAN LAKE/GOODWOOD** - Do the Musselman Lake run to lunch in Ballantrae, or a few extra hills will earn you a sandwich from Mrs. Wideman's in Goodwood.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 80 & 95 kms

Class: Tourist, Advanced Tourist

Après: Slug & Lettuce, NW corner of Yonge & Finch

**CREDIT RIVER CRUISING II: THE REVENGE** - Explore the wilds north of Brampton to mark Thanksgiving and the end of another great summer of Country Cruises!

Start: Alloa School. Exit Hwy 401 westbound at Mississauga Rd. Continue north to Mayfield Rd. (first road north of Hwy. 7) and turn left. Alloa School is on the north side of Mayfield Rd., just east of Mississauga Rd.

Dist: 63 & 93 kms

Class: Country Cruise

## Monday, October 8

**UNIONVILLE BRUNCH** - Our traditional Thanksgiving excursion is a leisurely ride north to this historic village to enjoy a bit of pub fare at Jakes Pub & Grille.

Start: Shopper's World Danforth, Victoria Park & Danforth in front of Coffee Time.

Dist: 55 & 80 kms

Class: Short Tourist, Tourist

## Sunday, October 14

**TOUR OF TORONTO** - 75% of this loop around Toronto is comprised of bike paths of the Humber Valley, Lakeshore, Taylor Creek, and Don Valley.

Start: Etienne Brûlé Park Parking Lot, Humber River and Old Mill

Dist: 52 kms

Class: Easy Roller

Après: Future Bakery, Bloor West at Kennedy, just east of Runnymede

## TBN Indoor Spinning at the Adelaide Club

We'll be back for another season starting on Wednesday October 17. Classes are at 6:45p.m. Wednesday nights. Check the website <http://tbn.on.ca/spinfaq> for more details or email [spinning@tbn.on.ca](mailto:spinning@tbn.on.ca)

### **CAMPBELLVILLE CLASSIC -**

Follow the shady backroads to the Bruce Trail Eatery in Campbellville. Short tour heads to Milton.

Time: **8:30 a.m.**

Start: Kipling Subway Park and Ride, north lot.

Dist: 100 & 120 kms

Class: Advanced Tourist, Tourist

### **KELSO CRUISE AND SCHMOOZE -**

We'll head out to Milton for lunch, but not before a climb up Bell School Line (yes, there is a shortcut).

Start: Kipling Subway Park & Ride, north lot.

Dist: 90 & 110 kms

Class: Sportif, Tourist

Après: Tim Horton's, Dundas West at Aukland

## **Sunday, October 21**

**DIM SUM MISSISSAUGA** - Back by popular demand! Joe Lee will lead this, as we try out the fantastic dim sum in Mississauga. Note: Other restaurant choices are available nearby. Also note: This ride will start promptly at 10:00 a.m.

Start: Etienne Brûlé Park parking lot, Humber River at Old Mill

Dist: 55 kms

Class: Easy Roller

Après: Future Bakery, Bloor St West at Kennedy, just east of Runnymede

**STOUFFVILLE RAMBLER** - Our last scheduled visit to the Lion of Whitchurch pub in Stouffville.

Start: Edwards Gardens' parking lot, SW corner Lawrence Ave E & Leslie St.

Dist: 70 & 90 kms

Class: Short Tourist, Tourist

Après: Jack Astor's, Don Mills Shopping Centre.

**LAKERIDGE CIDER RUN** - A new, improved and 100% paved route to Hy Hopes Apple Farm in Glen Major for fresh-baked cookies and butter tarts. Bring a sandwich!

Start: Edwards Gardens' parking lot, SW corner Lawrence Ave E & Leslie St.

Dist: 120 & 135 kms

Class: Advanced Tourist

## **Sunday, October 28**

**GUILD INN TOUR** - Back for a 2nd trip! Visit the beautiful Guild Inn, and have picnic lunch on the grounds. (Place to buy lunch just before lunch!)

Start: King Edward's Statue, at the north end of Queen's Park, just south of the intersection of Bloor St West and Avenue Rd.

Dist: 60 kms

Class: Easy Roller

**MEANDERING MAPLE BAKERY** - Wend your way to a terrific lunch stop at Centro Bakery in the town of Maple.

Start: Finch Subway Park & Ride, NW corner of Yonge & Hendon.

Dist: 52, 65 & 75 kms

Class: Advanced Tourist, Short Tourist, Tourist

Après: Slug & Lettuce, NW corner Finch & Yonge

# **WEDNESDAY - SATURDAY RIDES**

*Check the Hotline 416-760-4191 or website at [www.tbn.on.ca](http://www.tbn.on.ca) each week for details. Or subscribe to our Chain of Events email and have the schedule for the next seven days delivered to your inbox every Tuesday.*

### **Wednesday Wheelie Day Ride**

Rides of about 75 km, suitable for Tourist riders. Start points are within a one-hour drive of Toronto and stick to the same quiet roads that characterize our Sunday Country Cruise rides. Start times may vary, usually 8:30 a.m. during the hot summer months, and 10:00 a.m. at other times.

### **Wednesday Night Ride**

6:30 p.m. is the start time to this oh-so-popular and not-too-strenuous social ride suitable for Easy Rollers and Tourists. Start points are typically Riverdale Hospital, E.T. Seton Park and the Boardwalk BBQ on Woodbine Beach. **BRING LIGHTS.**

### **Leisure Wheeler Thursday Night Ride**

An approximately two-hour 26.5-km ride alternating weekly starting points between Shopper's World Danforth and Queen's Park. Start time is 8:00 pm., lights are mandatory, bicycle in good condition and reflective safety accessories recommended.

### **Friday Night Ride**

These very popular 30-km rides to local eateries offer a different dining experience each week, so don't forget to bring your appetite! **BRING LIGHTS!**

### **Saturday Morning Ride**

Kick off the weekend with this brisk-paced 35km social ride suitable for Easy Rollers and Tourists. Departs at 9:30 sharp and returns by 12:15 so you can do your Saturday errands or relax over an apres-ride snack or lunch. Usual start point is the Boardwalk BBQ Pub, east of Coxwell and Lakeshore, but confirm weekly with the Hotline or Internet. Free parking on Coxwell Ave.

### **Note:**

Helmets are mandatory on all TBN rides. Remember to bring your membership card to show the tour leader, and lights for evening rides. Non-members can join in the fun for \$5.

# tracks and trails update

## Humbled & Muddy

I've just returned from Ravenshoe where quite frankly I have been humbled. Mountain biking is about going out and having fun, as well as testing your abilities. There is no better feeling than going through a technical section of trail without having to dab your foot down for balance. There is also a saying that "If you haven't fallen off your bike, then you're not riding hard or fast enough". Not long after sharing this pearl of wisdom with some fellow riders, I became the proof.

Having taken the lead in a section of trail known as Big Meanie, while I had been riding well, I felt that I wasn't pushing myself hard enough. So as we were heading through this rather tight and very mucky section of trail (it had rained the night before) I figured I could navigate my way through what turned out to be more of a bog. Deciding that the way through was with great speed I proceeded into the bog. Before I knew it my front tire had submerged itself up to the axle and butted up against what I can

only imagine was a submerged tree root. As my momentum carried me sailing over the handlebars (endo), I landed on all fours in the mud, nearly sticking my face in the muck. As I looked back, I could see my bike balancing on its front wheel and bar ends in the mud, with the seat resting against a tree, the rear wheel pointing straight up into the air. My fellow riders came up on this scene with what I can only imagine was amusement and great big smiles on their faces (the better you than me sort).

Fortunately, I was not injured. Overconfidence will get you every time. Mountain biking is all about finding ones limits. Minor scrapes and bruises are worn as badges of honour, and the stories...well, they speak for themselves. My only regret...that no one had a camera to photograph my bike.

I don't want you to think this is a normal occurrence, as it is not though nothing is without risk, caution is always foremost. Off-road riding is a fun

experience, I've met a great group of riders who have become good friends.

The focus of our rides is fun, with the après ride stop, we unwind, kick back and recount our latest ride.

If you're curious about off-road riding, Hardwood Hills and Mansfield Mountain Bike Centres are great for beginners, they offer trails suitable for first timers and have bikes available for hire (\$25-\$30 dollars, including helmet). Come on out and enjoy a day of fun trails and super friendly riders. After the ride join us for an après ride stop. For more information, contact Martin or Dan at [mtb@tbn.on.ca](mailto:mtb@tbn.on.ca), or



Photo: Dan Roltner

check out Hardwood Hills [www.hardwoodhills.on.ca](http://www.hardwoodhills.on.ca) or Mansfield [www.mansfield-outdoors.com](http://www.mansfield-outdoors.com).

Happy Trails.

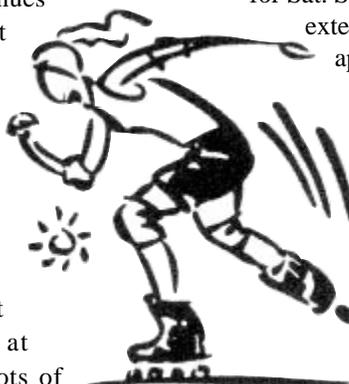
--Martin Habgood  
TBN Mountain biking Co-co-ordinator

## Leisure Wheelers to Perspire Again!

Inspired by the sterling example of TBN's long-distance riders, the Leisure Wheelers have again had the temerity to schedule a metric Century. It is on Sunday, Sept. 30 and everyone is welcome. You don't have to finish the ride - just start with us at 10 a.m., incite us, and turn back whenever you have enough of this masochism. This is NOT an uphill trek; we will go westward into Oakville along the shore of Lake Ontario from the Boardwalk BBQ Pub (formerly the Boardwalk Café) just east of Coxwell & Lakeshore in the eastern beaches area. Woodbine Beach parking is \$5, but free street parking is available on both sides of Coxwell Ave.

## IN-LINE SKATING ADVENTURES!

We've had a successful and fun season so far, but we're not done yet, as in-line skating continues into the fall. So if you haven't joined us for a blade, there's still time. We'll switch from Tuesday evenings to Saturday mornings soon so check the website, e-mail or Hotline for the scheduling change. Also be sure to visit our new web page at [www.tbn.on.ca/inline](http://www.tbn.on.ca/inline) for lots of good blading info, plus a few TBN blading photos.



If you want to take a (free) lesson, don't miss the final one of the season set for Sat. Sept. 8. I would like to

extend my sincere appreciation and gratitude to **Ron Horton** for organizing and teaching about ten clinics this year. It is dedicated volunteers like Ron who help to make TBN the successful club that it is. Thank you Ron!

--Martha Scott  
In-line Skating Co-ordinator

# trail ride schedule september-october

## Sunday Sept. 16

**MANSFIELD-** Come out and enjoy 40 km of single & doubletrack trails at Mansfield. From sweet to sadistic, there's something for all levels of riders.

Cost: \$7.00

Terr: Easy to extreme, hard pack surface

Facils: washrooms, bike

wash, snacks & drinks

Start: Meet in the parking lot of Mansfield Outdoor Centre. Exit Hwy 400 northbound at Hwy 89, then west past Alliston & Rosemont, and north on Dufferin Rd. 18 (Airport Rd.) another 10 km.

## Saturday Sept. 29

**DAGMAR-** Ride the forested hills and ravines of the Oak Ridges Moraine on 20 km of single and doubletrack trails. Enjoy the fast main doubletrack loop while many single-track offshoots offer technical fun and satisfaction.

Cost: \$6.00

Terr: Moderate to extreme, hardpacked surface

Facils: washrooms & vending machines

Start: Meet in the parking lot of Dagmar. Exit Hwy 401 eastbound at Harwood Ave in Ajax, then north to Hwy 2, and east 5 km to Lakeridge Rd. Continue 19 km north on Lakeridge Rd, entrance is on west side.

## Sunday Oct. 14

**KELSO -** Come out and enjoy one of the most popular sites in southern Ontario., featuring 13 km of single-track trails that weave through trees and fields.

Cost: \$4.00

Terr: Moderate, clay based hard pack with mud holes.

Facils: washrooms, snack bar and bike wash

Start: Meet in the parking lot of Kelso Conservation Area. Exit Hwy 401 westbound at Hwy 25, then north to Campbellville Rd., west to Tremaine Rd., south to Kelso Rd., west to the park entrance.

## Saturday, Oct. 2

**HARDWOOD HILLS -** With 70 km of single & doubletrack trails, Hardwood Hills is an industry benchmark offering trails for all abilities. Don't miss this superb mountain bike centre.

Cost: \$9.00

Terr: Easy to extreme, hard pack surface

Facils: Full service:

washrooms, cafeteria, bike wash, etc.

Start: Meet in the parking lot of Hardwood Hills. Exit Hwy 400 northbound at interchange 111, travel east 10km, entrance on left side.

For photos of the rides visit Dan Roitner's personal site:

<http://danopix.tripod.com/tbn.htm>

Also, to contact Dan or Martin email them at [mtb@tbn.on.ca](mailto:mtb@tbn.on.ca). They can put you on the ride group mailing list, too.

## TNT Hairshirt 2001

**27** people showed up to do the Hairshirt this year! 27, including 18 rookies! Only one rider was forced to abandon due to mechanical difficulties early in the day. The other 26 were able to complete this challenging 322 km ride, 10 of whom did it in twelve hours or less. Winds were favourable all day. It was cool at the start and stayed that way all morning and the partly cloudy skies gave us some respite from the sun. Hardly a Hairshirt at all, in fact. Thank goodness someone decided to tear up a 2 kilometre section of road in Beamsville, so we would have something to talk about! Our thanks to all the participants for giving this year's ride the best turnout in at least a decade.

--Owen Rogers, 2001 Hairshirt Organizer



Participant:	Time:
David Hamilton	11:19 2
Peter Murk	11:19 2
Larry Optis	11:19 R
Owen Rogers	11:32 4
Jerome Samson	11:34 R
Amit Ghosh	11:37 R
George M.	11:37 R
Ron Clark	11:39 2
Paul Dicks	12:00 R
Richard Spiegel	12:00 R
Rick Upton	13:27 2
Pat Buckley	13:38 13!!
Michael Beauchamp	13:58 R
Kaz Bieniak	14:13 R
Rick Jackson	14:13 R
Fred Krawiecki	14:13 R
John Richmond	14:13 R MTB
Glen C. Siegel	14:13 R
Christopher Birtwhistle	15:05 R
Darlene Collins	15:05 R MTB
Jamie McCabe	15:05 2 MTB
Kelly McKinney	15:05 2
Alexei Davydov	16:10 R
Ian Cardey	16:15 R MTB
Tim Cork	17:17 3 'bent
Tom Thomson	17:17 3 'bent
Adrian Lankoz	21:00 R MTB

Photo: Bradley Pigeon

# financial statements fiscal 1999-2000

## Auditor's Report

I have audited the statement of financial position of the Toronto Bicycling Network as at September 30, 2000 and the statement of operations for the year then ended. These financial statements are the responsibility of the organization's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit on accordance with generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In my opinion, these financial statements present fairly in all material respects, the financial position of the organization as at September 30, 2000 and the results of its operations for the year then ended in accordance with generally accepted accounting principles.

Susan Mikulicic, CGA  
August 23, 2001  
Toronto, Ontario

### Toronto Bicycling Network Inc Balance Sheet As at September 30

	2000	1999
<b>Assets</b>		
Cash and Deposits	61,492	50,776
Accounts Receivable	4,210	2,337
Inventories	3,001	2,452
Prepaid Expenses	2,267	2,587
<b>Total Assets</b>	<b>70,969</b>	<b>58,153</b>
<b>Liabilities</b>		
Accounts Payable	1,628	2,952
Accrued Expenses	336	
Deferred Income	13,628	15,453
<b>Total Liabilities</b>	<b>15,592</b>	<b>18,405</b>
<b>Members' Equity</b>	<b>55,377</b>	<b>39,749</b>
<b>Members' Equity</b>		
Surplus - Oct 1	39,749	37,878
TBN - Profit	16,447	1,573
Cyclon - Profit (Loss)	-819	298
<b>Surplus - Sept 30</b>	<b>55,377</b>	<b>39,749</b>

### Toronto Bicycling Network Notes to Financial Statements September 30, 2000

#### 1) Significant Accounting Policies

These financial statements are the representation of management and are prepared in accordance with the following accounting policies:

##### a) Basis of presentation:

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements and the reported amounts of changes in net assets during the year. Actual results could differ from these estimates.

##### b) Capital assets:

Purchased capital assets are recorded at cost. Amortization is provided on a straight-line basis over the assets' estimated useful lives.

#### 2) Membership Fees

Membership fees are assumed to represent, on average, 50% of the current year and 50% of the next year. As such, 50% of membership fees are accrued as deferred income, and are recognized as revenue in the following year.

Members volunteering significant services to TBN are awarded free membership extensions. Currently, the value of such memberships totals \$4,805. Actual revenues decline accordingly as a result of these awards.

### Income Statement For Year Ended September 30

	2000	1999
<b>TBN</b>		
<b>Revenue</b>		
Membership	28,960	29,568
Weekends	23,444	29,410
Day riders	1,187	1,600
Events	11,301	12,052
T-shirts & Jerseys	5,695	3,565
Other	2,068	164
<b>Total Revenue</b>	<b>72,653</b>	<b>76,359</b>
<b>Expenses</b>		
Weekends	21,550	27,943
Events	13,792	12,244
Newsletter	7,143	8,590
Promotion	1,387	7,309
Communications	3,686	3,968
T-shirt & Jerseys	4,867	5,667
Administration	3,530	4,943
Donation	250	
Legal Fees		4,122
<b>Total Expenses</b>	<b>56,206</b>	<b>74,786</b>
<b>Surplus - TBN</b>	<b>16,447</b>	<b>1,573</b>
<b>CYCLON</b>		
Revenue	44,376	37,381
Expenses	43,363	37,083
<b>Surplus before extraordinary items</b>	<b>1,013</b>	
<b>Loss - Aborted Quinte Project</b>	<b>-1,832</b>	
<b>Surplus (Loss) - Cyclon</b>	<b>-819</b>	<b>298</b>
<b>Total Surplus</b>	<b>15,628</b>	<b>1,871</b>

### From the Treasurer

Re: Financial Statements for the year ended September 30, 2000.

It was the best of times. It was the worst of times.

Your board cut some expenses. Bank charges and meeting expenses were reduced. Quick Release became exempt from Ontario Sales Tax.

TBN took advantage of high interest rates to put surplus funds to work. Interest earned appears in Other Income, but really should not be considered income. It simply preserves buying power that would otherwise be eroded by inflation.

Promotion expense declined dramatically, as did new memberships. Neither the declining membership nor members reluctance to serve on the board bodes well for the long-term health of TBN.

The Cyclon committee, and particularly the Cyclon director Brenda Porter, served you far beyond any reasonable expectation. The committee created two Cyclons: one in Belleville, and, when the college cancelled in April, another in Guelph. Compensation of \$5,000 was negotiated with the assistance of a non-member lawyer who served without charge. Without these people and their extraordinary contributions the financial results would be significantly different.

I have long been puzzled why there is so little cycling literature, and thinking I may have missed something, checked with the big American booksellers, including rare and used books, to find ... I am right. Lots of how-to-fix bikes, how-to-buy bikes, travel guides oriented to the cycling tourist and the granddaddy of all, John Forrester's **Effective Cycling**. But almost nothing is published on the cycling life, or just life in a cycling context. The **Literary Cyclist** (1982) attempts to fill the gap with a compendium of cycling stories or excerpts, but relies heavily on turn of the century - the previous one - era material that often seems dated, surprise, surprise.

This seems odd, because even in Toronto there must be hundreds of individuals deeply committed to cycling in one of its forms, and many thousands more who have enough interest or firsthand experience to enjoy a cycling story. There are more cyclists than mountain-climbers, who fill the bookstore shelves with mountain climbing stories. And certainly more cyclists than solo ocean yacht racers, the subject of the very popular **Godforsaken Sea** (Derek Lundy, 1998) But contemporary writing about the cycling experience seems limited to club publications, or personal writing on the Internet. Most magazines are a disappointment, the biggest disappointment being *Bicycling*, which would be better titled *Bicycle Shopping*.

Kent Thompson addresses this void with a remarkable new book '**Getting Out of Town by Book and Bike**' which was introduced, with the writer, at a TBN Education Night June 7, organized by Frank Remiz. The somewhat awkward title makes sense when we understand his general theme is the importance of books in their generality, and bikes specifically, as the means to escape the claustrophobia of small town life. Not a problem we have in Toronto, of course, which is densely populated with escapees from small town life. But Toronto cyclists drive fast and pedal hard in order to reach just the type of small town Kent writes about escaping from, so there is a link of sorts. But inevitably, the adult cyclist is a fringe figure. Kent's small towns are well east of the Toronto cultural orbit, where real men don't ride bikes, wear skin-tight shorts and

## book review

### Getting out of town by book and bike by Kent Thompson

Published and printed by  
Gaspereau Press, P.O. Box 143  
Wolfville, Nova Scotia BOP 1X0

\$18.95 Available at Down East Gallery  
and Store, 508 Bathurst St // Britnell  
Books, 100 Adelaide W Suite 908 //  
Caversham Booksellers, 98 Harbord St. //  
and most Toronto area Chapters stores.

Reviewed by Bruce McCormick

colourful shoes that go 'click-click' when they walk.

The book tours through cycling topics at a leisurely and good-humoured pace: history, travel, boy attempts to meet girl, bike theft and riding buddies past and present. Rides to search for villages that may no longer exist, leaving us just with the townsite and its story. Mercifully, there is no preachy how-to-do-it stuff, but if you are not a convert, Kent Thompson could be preaching how-to-enjoy cycling. There is probably not a competitive bone in his body, or one titanium part on his bike, but he conveys a feeling that this is OK without suggesting the hard riders are somehow missing the opportunity to smell the flowers. For if there is a pothole in cycling literature, it is the sanctimonious formulae for how it must be done. Even if you are a fifty year old arthritic who will never enter a race or remember yesterday's average km/hr, there can be so-o many rules and folkways, so much right stuff.

This is a long book ranging over many ideas, some of them quite subtle. The Thompson view of cycling is upstream (uphill?) against the popular, somewhat driven American expressions of cycling enthusiasm because it is essentially egalitarian. Indirectly, he supports the notion that the reason cycling is not more popular in America is that it does not cost enough. In a consumer society, any activity this much fun should be more exclusive. The appeal of cycling with Kent is economy, accessibility, and travel opportunity as diverse as the world itself, with Katmandhu and Tim Horton's

equally valid destinations. Or as varied as the cyclist, who sets his own great or modest objectives, perhaps just ... getting out of town. Economical freedom of movement rather than bicycle technology is what really links us to the cyclist of 100 years ago.

The book is dedicated to Jeff Hall (1970-1999), a cyclist the writer never knew before Hall's death in a truck / bike collision. In his thoughtful, low-key report on his own investigation of the accident and its aftermath, Thompson examines some life and death issues having uncomfortable implications for cyclists. It is in the nature of such accidents that the facts of what happened are not, and can never be, known for certain. But the facts seem to support one possibility, being that the accidental death of a cyclist on the highway is not as important as the death of a motorist on the highway. This possibility clearly offends the egalitarian ethic that rides steadily through the book.

The book itself is an impressive print job, but costs less than fresh cork handlebar tape. This is not a situation where one must suffer to see CanLit.

Indulge yourself and buy both.



# c i v i c a f f a

## Toronto Bike Plan Approved!!

This happened in the dying minutes of the last City Council before the summer holidays. City Councillor Olivia Chow, who is also co-chair of the Toronto Cycling Committee (TCC), tried several times to bring the plan to the floor during the three-day Council meeting. Council had a lot of old unfinished business to wrap up so new items like the Toronto Bike Plan (TBP) had to wait. In fact, at 6:00 p.m. on Thursday, July 26, the scheduled time for adjournment, the TBP had yet to be discussed. Thanks to a motion to extend the time of the meeting until 7:00 p.m. and a subsequent motion by Olivia Chow to bring the Bike Plan to the floor, the discussion started shortly after 6:00 p.m.

One of the other reasons the TBP was not considered earlier was some Councillors wanted to debate it so it was

held until other non-contentious items had been dispatched. The issue for some councillors was the cost of

implementation: \$72.8 million over ten years. The bulk of that amount is for capital costs associated with expanding the network of bicycle routes: \$68.3 million to build an

additional 128 km of off-road trails, 250 km of signed on-street routes and 460 km of on-street bike lanes. They wanted the TBP approved 'in principle', with decisions on capital costs to be dealt with during the City's annual budget process. A motion to this effect was made, and passed, but in actual fact this was the process proposed in the TBP in the first place. The process envisioned in the Plan is that every fall the priorities for the next fiscal year will be outlined along with the

funding requirements. These funding requirements will then be incorporated into the budgets of the City departments

responsible for implementing the projects. During the debate on the TBP some of the councillors said that they would oppose capital spending on the Bike Plan even though they would support the Plan in principle.

In addition to those who spoke against the

TBP others spoke in favour of the plan such as Joe Pantalone (Trinity-Spadina), Jack Layton (Toronto-Danforth), and Joanne Flint (Don Valley West) and of course Olivia Chow (Trinity-Spadina). In the end the TBP was accepted by a vote of 25 to 2.

This marks the end of one process and the beginning of another. The next step is to convince City Council that the TBP is an important endeavour that should be funded. This fall, the Staff Report



Photo: Lionel Simmons

## Pauls' Excellent Adventure continued from page 16

store in Speyside for something with ASA. All they had was Midol. I had not been concerned about menstrual cramps or bloating, but I figured the caffeine would be useful. After a slight overdose we were on the way.

All seemed well after that. We were making good time, the knee was tolerable, and the medication meant I could not feel my bad knee at all. We stopped at a Tim Horton's in Stoney Creek for lunch, and continued. The climb up the escarpment was impossible with my sore knee, but I did not let it bother me. I was enjoying a beautiful clear day, the beautiful scenery, and quiet paved roads. Despite the difficulties, it seemed a great day. The picturesque countryside passed by. Sometimes it was the wrong countryside. An interesting feature of the maps was a complete lack of road names beyond the

route in many areas. Luckily we found several helpful local people.

One kilometer before Campden, I heard an awful noise in the drive train. Something was rattling around in the chain and derailleur, and I quickly stopped. The mystery was quickly solved. It was a spoke from my Mavic Ksyrium wheels, the supposedly indestructible ones. It did not seem very indestructible now. Even worse, there was a substantial warp in the wheel now, as losing one spoke meant losing five percent of them. I had to completely remove the rear brakes to allow the wheel to turn. We still had 65 kilometers to go, and I was not sure I was going to make it. I could not feel the wobble, though Richard remarked that it looked interesting from behind. We stopped in Campden, where I bought a chocolate bar to make myself feel better. On the way again, afraid the wheel would totally collapse and dump me on the road, we cruised up to the motel at 1915, after a

small delay and extra distance before realizing that Buchanan Ave. now has a new name. We collected our luggage from Bob, learning that everyone else had already eaten. This was not the group ride I had envisioned, but we had made it. After a shower, clean clothes, and dinner at Denny's, we walked down to the Seven-Eleven for some needed electrolyte replacement, and met some of the group. We were not sure at first, but imagining them in Lycra and a helmet helped. They had difficulty with me as well, as no one suspected I liked dressing in black, including cowboy boots and hat. It was tough getting those into my backpack. We walked back to the motel, where I proudly displayed my crippled rear wheel to an appreciative audience. At this point I did not even know how my knee would feel in the morning, so I was thinking about going back to Toronto with the luggage.

After a fitful sleep (those beds are not like my waterbed) we received our wake

# i r s r e p o r t

accompanying the TBP recommends that \$2.5 million be budgeted for bicycle route expansion in 2002. That will be up from the \$790,000 that is being spent this year (2001). In addition it recommends that another \$450,000 be spent on operating costs associated with the TBP. This is for the Bicycle Safety and Education, Promotion, Cycling and Transit, Bicycle Parking and Implementation components of the Plan. As these proposals go through the budget process there will be opposition. Some councillors made this clear during the debate in Council in July. As portions of the proposed budget are considered by various standing committees of City Council and ultimately, by the Budget Advisory Committee, there will be opportunities for citizens to make deputations, send written submissions, and, in general, to let councillors know that these proposals should be priorities for our city.

In addition to the decision about whether to spend the money there will be decisions as to where to spend the money. The priorities for which trails, lanes and

up call at 0600. Breakfast at Denny's, back into the odoriferous cycling gear, some more medication for the knee, and we were on the way. Everybody was concerned about my rear wheel. I figured if it could handle 65 kilometers without worsening, what was another 160 kilometers? The descents were especially exciting with only front brakes. The knee was worrying me the most, and I was anticipating a ride back from Stoney Creek. All seemed well until the lunch stop, where I realized I had sent money, debit cards, and my Visa ahead with the luggage. A quick securement of a loan allowed me to enjoy lunch.

The rest of the day was interesting. I occupied myself with chasing Owen. It was tough with only a small chain ring, but I could gain on the hills. Besides, I had not looked at the maps all day, the rest of the group was behind me somewhere, and if I lost Owen I would have to figure out where I was. The group

routes will be developed in the years 2002-2006 as well as the operating costs for the other parts of the TBP during this time will be prepared by the Commissioners of Works and Emergency Services, Urban Development Services, and Economic Development, Culture and Tourism. These will then be submitted to the Toronto Cycling Committee, the Works Committee and the Budget Advisory Committee for consideration. In addition, when routes are proposed, they will have to go through the existing approval process of analysis, design and public consultation and then go to City Council for approval. Again, there will be opportunities for involvement by the public.

It will be a busy fall for the TCC. The next meeting of the TCC will be on September 24th, 2001. There will be some new faces as well as returning members there starting a new three-year term. Also, the TCC subcommittee's (Road and Trail, Education and Safety, Communications and Promotions and the North York Cycling and Pedestrian Committee) will

reformed when Owen stopped for water in Mississauga, and we set a quick pace back to High Park, where I gratefully received a ride home from Kaz.

Despite the problems, this was the best two days of cycling I have ever had. Perfect weather, great scenery, great companionship - it doesn't get better than this. The total distance for the two days was 397 kilometers - 238 of them with a warped rear wheel. Maybe I'll be in the next Mavic ad. I'll certainly do this ride again next year, unless I'm in traction after knee surgery. Last of all, a big thanks to Bob for bringing our bags for us. It was fun being able to ride our bikes as we are accustomed, unencumbered with luggage.

--Paul Dicks

p.s. I took my bike back to Sporting Life Monday night, and after some low volume complaining, the service manager offered to repair it, no charge, ready for Tuesday afternoon.

start up again in the fall. If you want to become more involved there will be opportunities to join these sub-committees. These will all play an important role in the implementation of the Toronto Bike Plan.

If you would like more information on the Plan see the BikeToronto Message Board (<http://tbn.on.ca/biketoronto>) on TBN's web site. There I have posted more detailed information on the Bike Plan as well as links to it and other relevant information. Also the message board is your opportunity to have your say. Feel free to post your comments to any of the items I have posted or start your own thread. Stay tuned to BikeToronto for future news regarding the TBP and any other cycling developments here in Toronto.

--Martin Koob  
TBN Toronto Cycling Committee  
Representative  
email: [tcc-rep@tbn.on.ca](mailto:tcc-rep@tbn.on.ca)

## classy

## ads

**FS: Hybrid Bicycle**, Good Condition, 21-SPD, Shimano Brakes and Derailleurs, Bell, Toe Clips, Rear Rack, 2 Bottle Holders, Full front and rear fenders, Bar-ends. Size: appropriate for persons 5'8"-5'10". Contact Harve, 416-260-2677.

**Bicycle Tour New Zealand** - Tip To Tip: Come cycle Celia's homeland with us for 3 or 6 weeks - Nov/Dec 2001 or Jan/Feb 2002. Route, accommodation, meals, luggage transport included. Contact Tim or Celia Hope: [www.BicycleTourNewZealand.com](http://www.BicycleTourNewZealand.com), 905-885-1946

# WEEKEND TRIPS

## Oct 5-8 Prince Edward County B&B Weekend

Enjoy the fall colours on the Thanksgiving long weekend in one of the best regions in Ontario for cycling: Prince Edward County south of Belleville. We'll be staying at B&B's in the quaint town of Bloomfield. There are lots of routes to choose from (short or long) as we revisit the region where Cyclon '94 and '95 were held.

Cost: \$160 for members and \$170 for non-members, which includes three nights B&B accommodation, three breakfasts and one dinner. Space is limited.

Contact: **Brenda Porter** 416-694-3272; [publicity@tbn.on.ca](mailto:publicity@tbn.on.ca)

## Oct 5-8 30th Annual Tour of Madawaska

Once again TBNers will mingle with their Ottawa counterparts on this annual pilgrimage to scenic Madawaska Valley to see the superb fall colours! You'll be staying at the rustic Madawaska Kanu Centre near Barry's Bay. Daily ride distances are 60, 100 and 130+ km over challenging terrain. Tandems welcome, excellent hiking.

Cost: \$205, which includes three nights accommodation, three breakfasts, 3 packed lunches and two dinners. Cheques must be received by September 28, no exceptions. To reserve your spot, email [paddle@owl-mkc.ca](mailto:paddle@owl-mkc.ca), identifying the members of your party, accommodation desired and any special dietary considerations you might have. Alternatively, phone 613-594-5268. Send your cheque by mail or secure your booking with Mastercard or Visa. TBN contact: Adele Emo, [madawaska@tbn.on.ca](mailto:madawaska@tbn.on.ca), 416-699-1951. A complete information package and registration form are available on the TBN website.

## Dec 30, 2001 - Jan 1, 2002 New Year's Eve at Hollyburn Lodge

We're heading back to Hollyburn for a New Year's bash. Go cross-country skiing or skating, then take a hot tub outdoors, Then eat, drink, sing and dance all night. Further details will be announced on the website, weekly email and Hotline. We're still looking for someone to organize this trip. If interested, contact TBN's new Weekend Trips Coordinator, **Joshua Wolman**, 416-780-1683; e-mail: [trips@tbn.on.ca](mailto:trips@tbn.on.ca)

## WANTED: WEEKEND TRIP LEADERS

Do you have a favourite weekend getaway spot that you would like to share with TBN? Can it accommodate 20 people, near hiking, or cycling or cross-country skiing? It may be the perfect spot for a TBN weekend getaway. Share your secret and lead a trip. Interested? Call Joshua at 416-780-1683; e-mail: [trips@tbn.on.ca](mailto:trips@tbn.on.ca)

## TNT Overnight Report: Paul's Excellent Adventure

Saturday morning seemed perfect. It was going to be warm and sunny both days, and I had looked forward to my first TNT ride for

several weeks. I had just got my Cannondale R3000 back from the bike shop the evening before after a pre-ride checkup and some new tires. They had told me the bike was fine, and they would just clean and fine-tune the drive train. I

had ridden home in heavy traffic, and had not had the opportunity to test all the gears, but it seemed to be working fine. I was ready for my first weekend ride.

Thirty meters from my apartment, I

shifted into the big ring. In fact, I shifted right past it, and got my hands dirty putting the chain on the chain ring and sprockets again. Setting off again, I quickly realized that the front derailleur was not fine-tuned, and every single gear ground-not what I really wanted to do to a

Dura-Ace system. I could survive on the small chain ring, having recently converted myself from a grinder to a spinner after discovering an incompatibility with my friend Liz on her tandem. At any rate, I had no time for repairs if I was going to reach the start point in High Park by 0800.

Arriving with mere minutes to spare, I got my

maps. Owen also gave me an extra map labeled "extra credit." It looked like extra distance to me, but I was training for the Hairshirt, so why not? My ride buddy, Richard, was doing the extra part as well. Besides, what's an extra thirty kilometres



Photo: Chris Zanella

on the way to Niagara Falls?

The group eventually set out at a relatively fast pace. There were lots of familiar faces from the 0830 rides, as well as a few people I had not seen since my 1000 days last fall. I eventually settled into the faster pack and began enjoying a beautiful day for cycling. Of course, I was grumbling about the lack of the large chain ring.

With the turn for the extra credit in sight, I noticed my back wheel wobbling. Looking back, I could see I was rapidly developing a flat. I pulled into a school parking lot, Richard right behind me, and changed the flat. We were on our own now, as the other three doing the extra credit were too far ahead, the rest of the group would be an hour ahead, and we had no hope of catching the Stoney Creek riders. We settled into a comfortable rhythm, riding between 25 and 35 kmh. All seemed well, until I felt a sharp twinge in my left knee. This is my good knee. It got rapidly worse, and felt only slightly better than the kidney stone I had seventeen years earlier. We stopped at the

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