



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Italy – Slovenia - Friuli Based in Prepotto and Gradisca Bicycle Tour 2018

Individual Self-Guided

8 days / 7 nights

TORONTO BICYCLE NETWORK PROMOTION



Starting point for this bicycle holiday is Prepotto (Prapotno in Slovenian). It is a commune in the Province of Udine in the Italian region Friuli-Venezia Giulia, located about 50 km northwest of Trieste and about 20 km east of Udine, on the border with Slovenia. It is a small picturesque town with old houses and winding alleys. For winegrowers and wine lovers this well-known village is an El Dorado, a place with beautiful vineyards where you can taste some of the world finest wine. Carrying on your trip you will arrive at Gradisca (Gradišče ob Soči in Slovenian). This little town in the east of Friuli nearby the border area of Slovenia has been the front between Austria and Italy in the First World War, well known for the 12 Battles of the Isonzo.

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Itinerary Day to Day

Day 1: Arrival to Prepotto

Individual arrival at the hotel in Prepotto.



Day 2: Round trip Prepotto – Cividale del Friuli – Udine 28 - 60 km

On the first day, you have the possibility to choose between two round trips, a shorter one and a longer one. The shorter tour leads to Cividale del Friuli, the medieval town of the Langobards. The historical center of the town is dominated by Piazza Duomo and Palazzo Pretorio, where you can have a rest. The longer tour in addition leads you to the university city of Udine. You can visit the Dome, as well as the Loggia del Lionello, in the ground floor of the town hall.

Day 3: Round trip to Slovenia and to the Brda 40 - 60 km

This day takes you across the border to Slovenia and to the Brda, meeting point of three cultures (Slavic, Romanic and Germanic). The Brda is well known mainly because of the winegrowing but also for its castles and white churches which are situated mostly on hills.

Day 4: Round trip to the castles of the Gorizia 35 - 45 km

The Gorizia Hills (Collio in Italian) became well known due to its good wine, but it offers a lot for history lovers too. Today you cycle to the castles of the Collio, among which you can discover the castle Rocca Bernarda. This castle was a fief of the patriarchy of Aquileia and had been given as a present to the city of Cividale. This city left it to the Roman family Capiferro in the 15th century. Afterwards it was sold several times to different owners and finally to the family Perusini. The beautiful castle in the style of the 16th century is situated in the midst of extensive parks, on a hill surrounded by vineyards. Thanks to the dedication and the competence of Gaetano Perusini the cultivation of the "Picolit" grapes started, which have gained worldwide renown over the years.





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Day 5: Prepotto – Cormons – Gradisca 25 - 40 km

Today you leave Prepotto and cycle to Cormons, the cultural and economic center of the Gorizia Hills (Collio). The main square of Cormons invites you to take a break and enjoy a glass of wine. Continue to Gradisca.

Day 6: Round trip to Aquileia 40 - 75 km

This bicycle journey takes you to the formerly biggest city of the Roman Empire. Today the remnants of this settlement are still to be seen. Discover the secrets of the Roman city of Aquileia, the so-called "Second Rome"; Roman ruined cities, ancient churches. It is worth visiting the Aquileia Cathedral, which interior has a mosaic pavement from the 4th century.

Day 7: Gradisca – Trieste 40 km

On the last day of the cycle holiday there will await you Trieste, the former Habsburg city. On the first part of the route, following a breathtaking coastal, the Karst Plateau accompanies you along the Adriatic Sea. Before you enter in the old seaport and commercial town of Trieste, the Castle of Miramare invites you for a visit. Handover of rental bikes in Trieste, by train you return to Gradisca.



Day 8: Departure or additional stay





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Route



Technical Characteristics:

Route Profile: The route runs on bicycle paths and alongside roads without traffic from the vineyards of the Collio to the Adriatic Coast.

Distance: 208 - 320 km

Travel Dates: Arrival Sundays and Tuesdays March 18 to October 21, 2018
High Season: May, June and September



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Price per Person: in Canadian Dollars

Double Occupancy B&B March 18 and October 21 departure	\$ 848.30
Double Occupancy B&B all other dates	\$ 1018.30
Surcharge Single Room	\$ 204.00
High Season Surcharge (May, June and September)	\$ 110.50
Rental Bike (21 gear)	\$ 127.50
Electric Bike	\$ 280.50
Extra Nights Prepotto Double Occupancy B&B	\$91.80
Extra Nights Prepotto Single Occupancy B&B	\$117.30
Extra Nights Gradisca Double Occupancy B&B	\$100.30
Extra Nights Gradisca Single Occupancy B&B	\$ 125.80

5% discount for TBN members off the package price of the tour, all departure dates. Please mention Promo Code TBN101 for all booking inquiries

Accommodation:

“Agriturismo” in Prepotto and 4**** hotel in Gradisca (both with swimming pool)

Included:

- Accommodation in the mentioned category
- Breakfast buffet or full breakfast
- Dinner (minimum of 3 course evening meal)
- Luggage transfer from hotel to hotel
- Transfer from Trieste to Gradisca by train, bicycles included
- Well planned routes
- Detailed travel documents (maps, route descriptions, places to visit, important telephone numbers)
- Service hotline

Not Included:

- Return journey to Prepotto, each Tuesday and Sunday, € 30 per person, reservation necessary, and payable in advance.
- Visitor’s tax



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Bikes

Hybrid Bike

Mens Trekking Aluminum, with water bottle holder, Shimano Alivio/Deore 21 gear freewheel, Royal saddle, size S-X
Women's Trekking Shimano Alivio/Deore, 21 gear freewheel, Royal saddle, step-through frame, size S-XL



Electric Bike

Step through frame, Bosch Performance Line Motor, 8 gear, range performance: approx. 200 km (using middle/constant speed)



Assisting people in realizing their touring dreams worldwide is our passion.

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THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT
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