



Escarpment Adventure - 82k

0.0	▶	Start of route	0.0
0.0	←	L onto Dundas St E	0.3
0.4	→	R onto Main St S	1.0
1.4	←	L onto Snake Rd	2.1
3.5	→	Sharp R onto Old York Rd	1.8
5.3	↑	Continue onto York Rd	0.7
6.0	→	R onto Old Guelph Rd	1.2
7.1	↑	Continue onto Patterson Rd	1.6
8.7	→	R onto Valley Rd	0.5
9.2	←	L onto Rock Chapel Rd	1.8
11.0	↑	Continue onto Sydenham Rd	0.3
11.3	↑	Continue onto Harvest Rd	2.9
14.2	←	L onto Short Rd	0.5
14.7	→	R at Fallsview Rd	0.1
14.9	→	R onto Brock Rd/Regional Rd 504	0.5
15.4	←	L onto Old Brock Rd	0.2
15.6	↑	Continue onto Crooks Hollow Rd	1.9
17.5	→	R onto Route 8 W	0.3
17.8	←	L onto Weirs Ln	2.2
20.0	→	R onto Governors Rd/County Road 99	1.7
21.7	←	L onto Binkley Rd	1.2
22.9	←	L onto Mineral Springs Rd	2.3
25.1	↑	Continue straight onto Sulphur Springs Rd	1.5
26.6	↑	Continue onto Lovers Ln	0.9
27.5	→	R onto Jerseyville Rd E	5.0
32.5	↑	At the roundabout, continue straight onto Jerseyville Rd W	7.2
39.8	→	R onto Lynden Rd/Regional Rd 11	3.8
43.5	→	R onto Governors Rd/County Road 99	9.9
53.4	→	R onto Binkley Rd	1.2
54.6	←	L onto Mineral Springs Rd	2.3
56.9	↑	Continue straight onto Sulphur Springs Rd	1.5
58.4	↑	Continue onto Lovers Ln	0.9
59.3	←	L onto Jerseyville Rd E	0.3
59.6	←	L onto Wilson St E	1.0

59.6 kilometers. +599/-585 meters

60.6	☼	LUNCH 1 - Tim Hortons, 370 Wilson St, Ancaster	0.8
61.3	→	R onto Hendry Ln	0.5
61.9	←	L onto Montgomery Dr	0.3
62.1	→	R onto Old Dundas Rd (signs for Maplewood Hall)	0.5
62.7	→	R to stay on Old Dundas Rd	3.0
65.6	↑	Continue onto Ogilvie St	0.6
66.2	←	L onto Hatt St	0.2
66.4	→	R at Creekside Dr	0.1
66.4	→	R towards Miller's Ln	0.0
66.5	☼	LUNCH 2 - Cafe Domestique, 12 Miller's Lane, Dundas	0.0
66.5	→	R onto Miller's Ln	0.1
66.5	←	L onto Hatt St	0.3
66.8	←	Slight L onto York St	2.4
69.2	←	L to stay on York Rd (signs for York Road)	3.5
72.8	→	R onto Old Guelph Rd	2.3
75.1	←	Keep L to stay on Old Guelph Rd	0.1
75.1	←	L onto York Blvd	0.2
75.3	→	R onto Valley Inn Rd	0.6
76.0	←	L onto Spring Gardens Rd	0.1
76.1	→	R onto Grindstone Marsh Trail	0.5
76.6	↑	Continue onto Snake Trail	0.3
76.9	↑	Continue onto Snake Rd	0.3
77.2	→	R to stay on Snake Rd	3.4
80.6	←	Keep L to stay on Snake Rd	0.1
80.7	→	R onto Main St S	1.0
81.8	←	L onto Dundas St E	0.3
82.1	→	R onto Hamilton St N/Regional Rd 508 (signs for Hamilton Street N)	0.1
82.2	▶	End of route	0.0

22.6 kilometers. +258/-258 meters

ESCARPMENT ADVENTURE - Long (84 km)

<u>Interval</u>	<u>Cumulative</u>		Start: Town of Waterdown,				
			Plaza, Corner of Hwy. 5 & Hamilton St.				
0.0	0.0	▶	Hamilton St. from east side of parking lot	1.2	57.3	◀	Mineral Springs Rd. (Becomes Sulphur Springs Rd.)
0.2	0.2	◀+	Dundas St. / Hwy. 5 (At lights)	3.8	61.1	▲	Onto Lovers Lane (Sulphur Springs Rd. continues to left) (11)
0.3	0.5	▶+	Main St. (Next lights)	0.8	61.9	◀	Unsigned (Jerseyville Rd.) (12)
1.0	1.5	◀	Snake Rd. (wooden bridge) (1)	0.2	62.1	◀	Wilson St. in Ancaster (13)
2.0	3.5	▶	Old York Rd. (2)				Lunch: Tim Horton's on Wilson St. (on R.)
2.0	5.5	▲	Cross over Hwy. 6. (Caution: Busy highway) Continue west on Old York Rd.	1.8	63.9	▶	Sign: Park Entrance / Hendry Lane (1st R. after lights at Mohawk Rd.; On downhill) (14)
0.8	6.3	▶+	Old Guelph Rd.; (3)	0.6	64.5	◀	Montgomery Dr. & Cross over Hwy. 2. (Caution: Busy road)
		◀	Patterson Rd.;	0.3	64.8	▶	Old Dundas Rd. (Caution: Steep downhill and right curve) (15)
		▶	Valley Rd.				Fork L. at Lower Lions Club Rd. to stay on Old Dundas Rd.; Becomes Old Ancaster Rd.
3.2	9.5	◀	Rock Chapel Rd. (4)	3.3	68.1	◀	Ogilvie St. in Town of Dundas (Left turn lane & down hill into valley) (16)
1.7	11.2	▲	At Sydenham Rd. / C. R. 505 (5)	0.4	68.5	▶+	Hatt St. in Dundas (17)
0.3	11.5	▲	Harvest Rd. (6)	0.8	69.3	▲	Becomes York St. at lights (Follow sharp R. at McKay Rd. on York Rd.) (18)
3.0	14.5	◀	Short Rd. (past Webster's Falls sign): Becomes Fallsview Rd. (7)	2.0	71.3	◀	At Olympic Dr. / C. R. 344 to continue on York Rd. (Caution: Busy road) (19)
0.6	15.1		Enter Spencer Gorge Wilderness Area at turnstile. Go down hill past shelter, across bridge. (Webster's Falls lookout) Exit park past washrooms through metal gates onto private road.	3.6	74.9	▶+	Old Guelph Rd. (20)
0.9	16.0	▶	Hwy. 8 (Gate at exit of private road may be closed, but room for bicycle at side of gate.)	2.4	77.3	◀	York Blvd. Over bridge, & then immediate R. on Valley Inn Rd. After going down hill crossing one lane bridge, make immediate L. to cross second bridge, Then R. onto <u>paved</u> footpath. (chained barrier) Bear L. over broken pavement at gravel path. (Broken pavement & overgrown in places! Dismount and walk!)
0.2	16.2	Y	C. R. 504 / Brock Rd. into Town of Greensville	2.0	79.3	▶	Snake Rd. (Footpath exits onto Snake Rd.) (21)
0.6	16.8	◀+	Old Brock Rd. (flashing light) (Towards Crooks Hollow Conservation Area)	3.6	82.9	▶	Main St. (After wooden bridge) (1)
0.2	17.0	Y	Crooks Hollow Rd.	1.0	83.9	◀+	Dundas St. / Hwy 5 in Town of Waterdown
1.9	18.9	▶	Hwy. 8	0.5	84.4	▶	Parking lot at Plaza (After cycle: Royal Coachman Pub, Main St. & Hwy 5)
0.3	19.2	◀	Weirs Lane (unsigned) (9) (Caution on down hill)				
2.2	21.4	▶	Governors Rd. (10)				
1.7	23.1	◀+	Binkley Rd. (Next road)				
1.2	24.3	◀	Mineral Springs Rd.; Becomes Sulphur Springs Rd.				
3.8	28.1	▲	Onto Lover's Lane. (Sulphur Springs Rd. continues to left) (11)				
0.8	28.9	▶	Unsigned / Jerseyville Rd. (12)				
12.2	41.1	▶	Lynden Rd.				
3.8	44.9	▶+	Governors Rd. in Lynden				
11.2	56.1	▶+	Binkley Rd. for 2nd time				