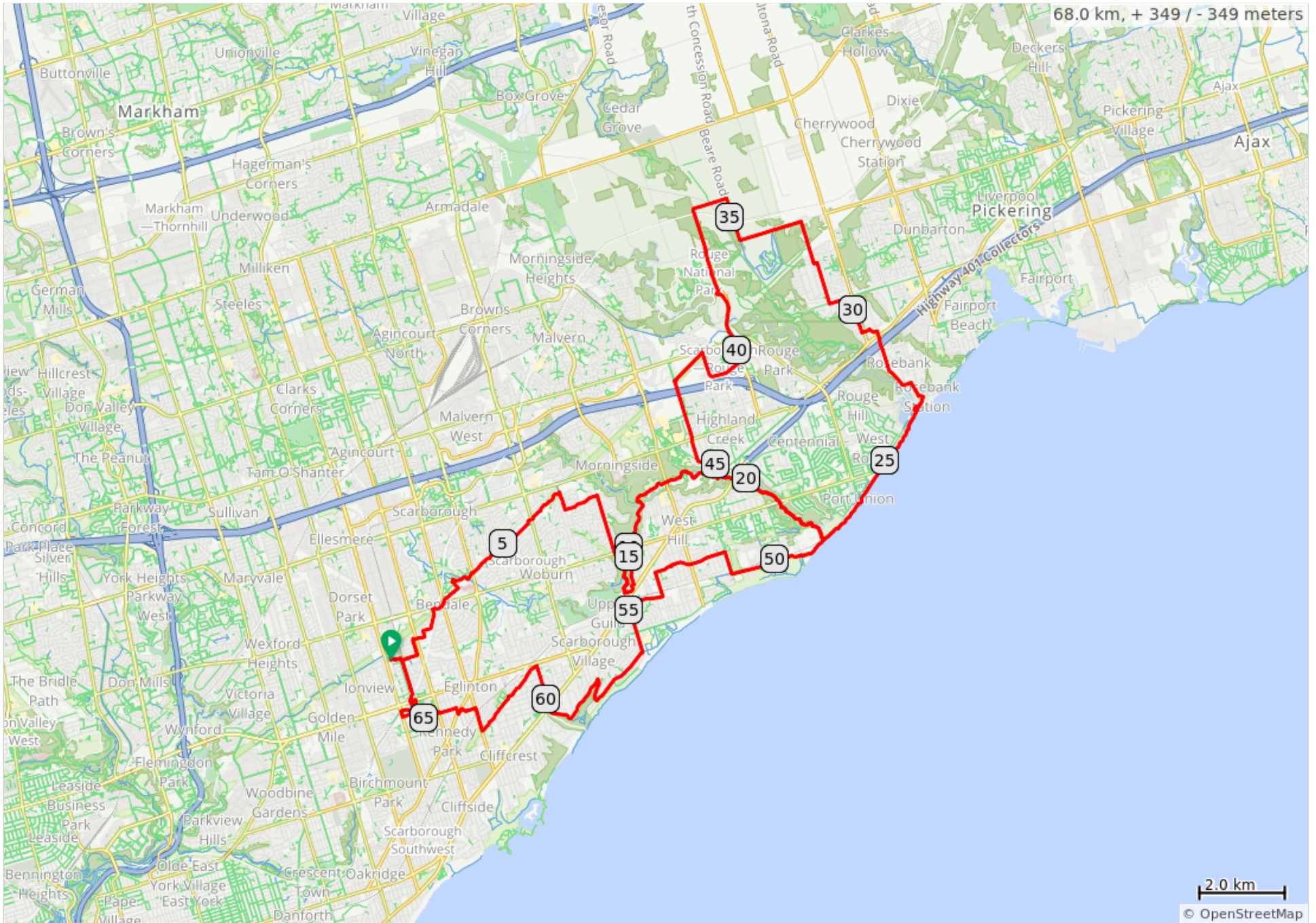


Highland Creek & Rouge Valley Ride



68.0 km, + 349 / - 349 meters



Highland Creek & Rouge Valley Ride

0.0	📍	Start of route	0.1
0.1	←	Start: Jack Goodlad Park-Turn L to stay on Gatineau Hydro Corridor Trail	0.2
0.3	←	L to go over bridge then R on Tara Ave.	0.5
0.8	←	L on Fitzgibbon Ave	0.4
1.2	→	R on Romulus Dr	0.1
1.3	↑	Cross Midland and continue on Marcos Blvd	1.0
2.3	→	R on Gatineau Hydro Corridor	0.3
2.5	→	Left/Right to cross Lawrence and Brimley continuing on Hydro Corridor	0.6
3.1	←	L at "T" intersection	0.2
3.3	→	R at next "T" intersection	0.1
3.4	→	R at next intersection to go over bridge	0.4
3.8	←	L towards McCowan then cross McCowan	3.1
6.9	→	R at Scarborough Golf Club Rd.	0.4
7.3	←	L on Slan Ave	0.8
8.2	→	R on Orton Park Rd	1.4
9.6	←	L on Lawrence Ave E	0.5
10.1	→	R on Overture Rd	0.3
10.4	→	R on Celeste Dr	0.7
11.1	→	R on Greenvale Terrace	0.4
11.4	→	R on Livingston and down into valley	7.1
18.5	←	L after crossing bridge by tennis courts	0.6
19.1	→	R toward Old Kingston Rd then L, crossing bridge	0.2
19.3	→	R on trail	0.5
19.8	→	R on Highland Creek Dr	0.6
20.5	↑	Follow trail to mouth of Highland Creek	2.1
22.6	←	Sharp L on Waterfront Trail	3.9
26.5	←	L to take bridge over Rouge River into Pickering then R	0.4
26.9	←	Slight L on Bella Vista Dr	0.1
27.0	←	L on Rodd Ave then R on Dyson Rd.	0.5

27.0 kilometers. +61/-153 meters

27.5	←	L on Rougemount Dr	1.6
29.1	←	L on Dalewood Dr	0.2
29.3	←	L on Brookridge Gate (becomes Valley Gate)	0.2
29.5	→	R on Fawndale Rd	0.6
30.1	←	L on Littleford St	0.3
30.4	→	R on Hoover Dr	0.3
30.6	←	L on Twyn Rivers Dr	0.3
30.9	→	R on Woodview Ave	1.0
31.9	←	L /Right on Pine Grove to continue on Woodview	1.1
33.0	←	L on Finch Ave	1.5
34.5	→	Finch Ave turns slightly R and becomes Beare Rd	1.0
35.5	←	L on Plug Hat Rd	0.8
36.3	↑	Continue on Meadowvale Rd	1.0
37.3	→	Right/Left at Old Finch Ave onto trail beside Meadowvale	1.1
38.4	←	L on Zoo Rd	0.1
38.5	→	Slight R onto the ramp to ON-401	0.4
38.8	↑	Merge onto Meadowvale Rd	0.6
39.4	→	Right/Left toward Hedge End Rd	0.2
39.6	→	R on Meadowvale Rd	0.6
40.2	→	R on Dean Park Rd	1.4
41.6	←	L on Gatineau Hydro Corridor Trail	0.9
42.6	←	L on Conlins Rd	1.9
44.5	←	L on Military Trail	0.7
45.2	→	R on Old Kingston Rd	0.2
45.4	←	L on trail before bridge	0.5
46.0	→	R on Highland Creek Dr continuing on trail to mouth of Highland Creek (again)	2.8
48.7	↑	R on Waterfront Trail (Careful... Sand)	0.6
49.4	→	R on Beechgrove Dr	0.0
49.4	←	L on Copperfield Rd	1.7
51.1	→	R onto Manse Rd	0.5
51.7	←	L on Coronation Dr	1.3

24.7 kilometers. +174/-140 meters

53.0	←	Cross Poplar Rd and continue on Coronation	0.4
53.4	←	L on Galloway Rd	0.6
54.0	→	R on Westlake Rd	0.9
54.9	←	L on Livingston Rd	1.1
56.0	→	R on Sylvan Ave	1.6
57.6	→	R on Heathfield and UP the hill	0.5
58.1	←	L on Hill Crescent	1.1
59.2	→	Slight R onto Bellehaven Crescent	0.5
59.7	↑	Continue on Ravine Dr	0.1
59.8	↑	Cross Kingston Rd. and continue on Bellamy Rd	1.0
60.9	←	L on trail just before Eglinton	1.0
61.9	←	Slight L after crossing McCowan	1.0
62.9	→	R on Brimley Rd	0.6
63.5	←	L on Lombardy Crescent	0.2
63.7	→	R on Glenshephard then L on Danforth	0.3
64.0	→	Take first R onto Falmouth Ave	0.2
64.1	←	L on Lorraine Ave	0.4
64.5	→	R on Midland then L on Safari	0.4
65.0	←	L on Benjamin then R through Tunnel	0.2
65.2	→	R on Saugeen Crescent	0.2
65.3	→	R on Dumfrey Rd	0.1
65.4	←	L on Chevron Crescent	0.2
65.6	←	L on Kenmark Blvd	0.2
65.8	→	R on Kennedy Rd	0.1
66.0	→	R on Transway Crescent	0.4
66.4	→	R around station and under Eglinton to trail	0.3
66.7	→	R on Trail to Jack Goodlad Park	1.3
68.0	←	END: Jack Goodlad Park	0.0
68.0	📍	End of route	0.0

16.4 kilometers. +103/-59 meters