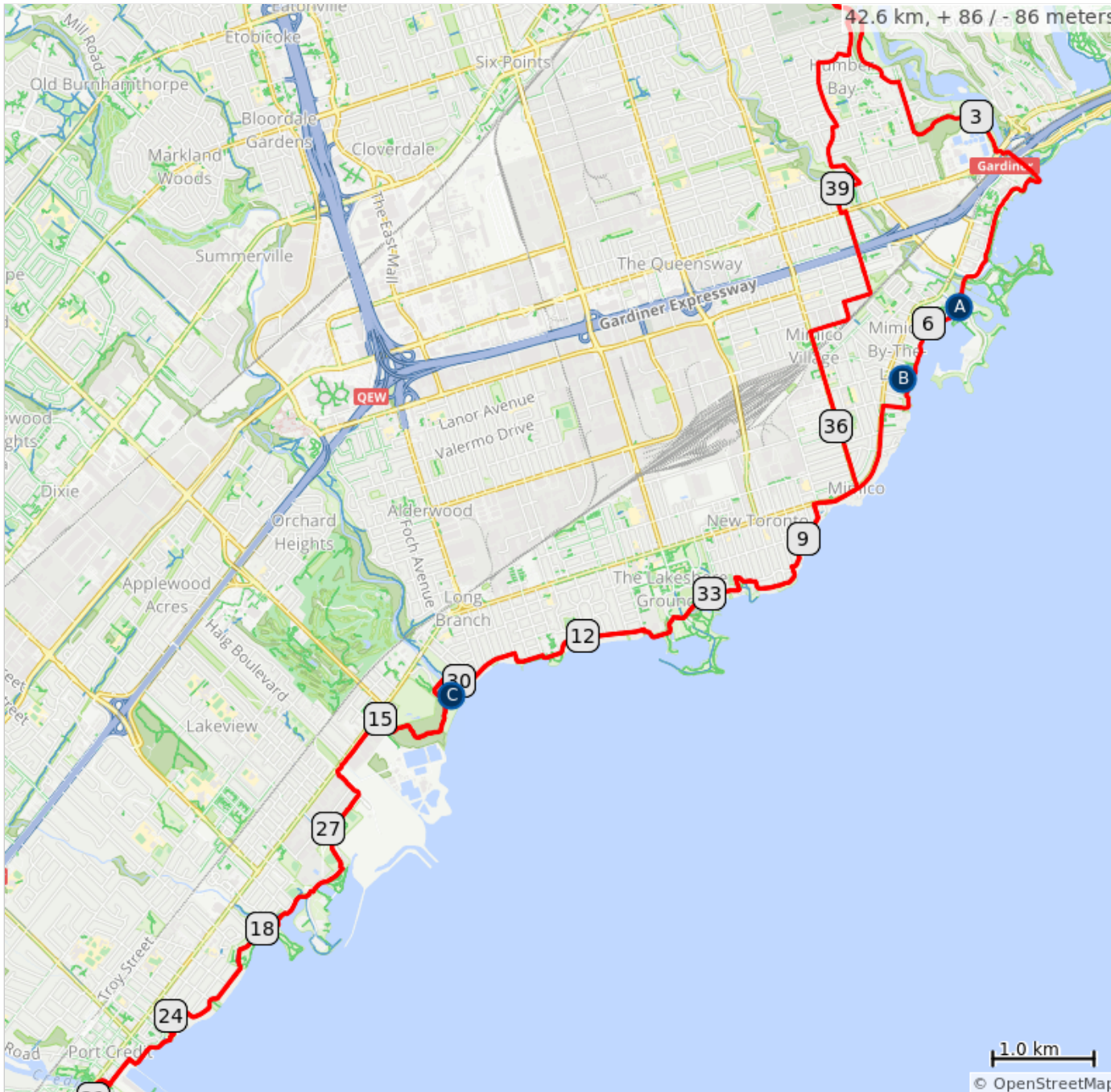


The 4R (Randy's Ramble Roberta Revised) Kingsmill Start



- A. Washrooms before Humber Bay Park Rd.
- B. Washrooms in Amos Waites Park
- C. Washrooms
- D. Picnic by the water

The 4R (Randy's Ramble Roberta Revised) Kingsmill Start

0.0	📍	Start of route	0.0
0.0	↑	START: Parking lot of Kingsmill Park	0.1
0.1	→	R onto Trail	1.5
1.6	←	L and up hill on Riverwood Pkwy	0.2
1.8	→	R on Stephen Dr	0.5
2.3	←	L on Humber River Trail opposite Cloverhill Rd.	1.1
3.4	←	L under bridge and L again to stay on Humber Trail	0.6
4.0	→	Slight R around Lookout then L to Humber Bay Trail	1.5
5.4	↑	Cross Bridge and Humber Bay Park Rd. Turn L to stay on Trail	1.6
7.0	→	Trail curves to R to Norris Cres.	0.2
7.2	←	L on Lake Shore Blvd W	1.4
8.6	←	L on First St	0.1
8.7	↗	Continue on Lakeshore Dr	0.1
8.8	←	L on Second St	0.2
9.0	↑	Through Park then continue on Lakeshore Dr	0.1
9.2	←	Slight L on Fourth St then R on Lakeshore Dr.	0.2
9.3	←	L on Fifth St then continue on Lakeshore Dr.	0.8
10.1	←	L on Eleventh St, right on Lakeshore Dr. and through Colonel Sam Smith Park	1.3
11.4	←	L on Lake Promenade	2.0
13.4	←	Slight L on Trail into Marie Curtis Park Washrooms	3.2
16.6	←	Slight L through Douglas Kennedy Pk	1.9
18.5	→	Waterfront Trail turns slightly R. Becomes Cumberland Dr	0.9
19.4	←	L on Wanita Rd	0.2
19.6	←	L on Elmwood	0.1
19.7	→	R through parks by lake	0.6
20.3	←	L on Port St	0.3
20.6	→	R and over bridge to Front St. (Starbucks)	0.3
20.9	←	L on Front St	0.4

20.9 kilometers. +34/-35 meters

21.3	←	L into Saddington Pk. Picnic tables. LUNCH	0.9
22.2	→	Return going North on Front around Marina and East on Port St. to beginning of Waterfront Trail	1.6
23.8	←	L on Elmwood	0.1
23.9	→	R on Wanita Rd	0.2
24.1	→	R on Cumberland Dr	0.9
25.0	←	Cumberland Dr turns slightly L and becomes Waterfront Trail	5.1
30.1	→	Through Marie Curtis Pk. to Lake Promenade	4.7
34.8	←	Slight L on First St. Regroup	0.1
34.9	→	R on Lakeshore Blvd	0.5
35.4	←	L on Royal York Rd	1.6
37.0	→	R on Newcastle (becomes Audley)	0.6
37.6	→	R on Portland St (turns L and becomes Grand Ave. Follow to end)	1.1
38.7	←	Jog L on The Queensway (at the lights) and R on Burma Dr.	0.2
38.9	↑	Down stair (ramp on left) to park trail	0.3
39.2	←	L on Bonnyview Dr	0.8
40.0	→	R on Berry Rd	0.0
40.0	←	L on Ballacaine Dr	0.7
40.7	→	R on South Kingslea Dr	0.2
40.9	→	R on Ivy Lea Crescent	0.1
41.0	←	L on Riverwood Pkwy	0.3
41.3	→	R on Glenaden Ave	0.1
41.4	←	L to follow trail to Humber River trail	1.1
42.6	→	R into parking lot of Kingsmill Park	0.1
42.6	📍	End of route	0.0

21.7 kilometers. +53/-52 meters