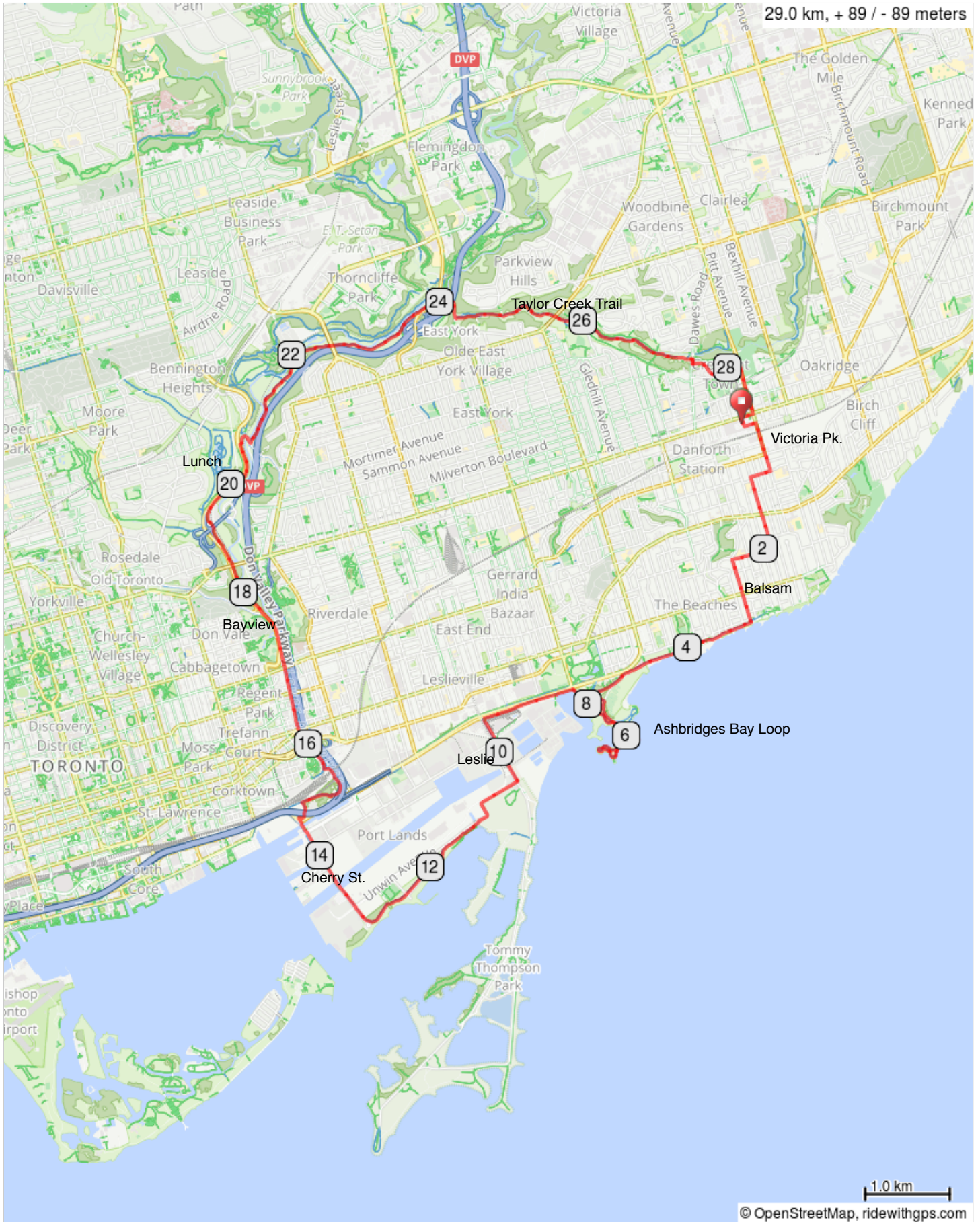



Asphalt Trail Plus













Asphalt Trail Plus

Next	Type	Dist	Note
0.0		0.0	Start of route
0.2		0.0	START: Parking Lot of Shoppers World. Danforth & Victoria Pk.
0.6		0.2	R on Victoria Park Ave
0.2		0.8	R on Swanwick Ave
0.5		1.0	L on Scarborough Rd
0.0		1.5	Cross Kingston Rd
0.4		1.5	Continue on Scarborough Rd
0.5		1.9	R on Pine Ave
0.8		2.4	L on Balsam Ave
2.1		3.2	R on Martin Goodman Trail
0.8		5.3	L towards Ashbridges Bay
2.0		6.0	R towards point and loop around
0.4		8.0	Continue on Ashbridges Bay Park Rd
1.1		8.4	L at Lake Shore on Martin Goodman Trail

8.4 kilometers. +0/-46 meters

Next	Type	Dist	Note
0.9		9.5	L at Leslie to stay on Martin Goodman Trail
0.8		10.4	Slight R onto Unwin Ave
0.0		11.2	Continue on Martin Goodman Trail
1.9		11.2	Right onto Martin Goodman Trail
0.2		13.1	Washrooms at Cherry Beach
1.2		13.3	Continue North on Cherry St.
0.1		14.5	Cross Lake Shore
1.1		14.5	R to Lower Don River Trail/Rte 45
0.0		15.6	L under bridge into Corktown Common
0.3		15.7	R to go North
3.4		16.0	Continue onto Bayview Ave
0.5		19.4	L, crossing Bayview into the Brickworks for LUNCH
0.7		19.9	Return to path going North on Bayview

11.4 kilometers. +16/-0 meters

Next	Type	Dist	Note
0.2		20.6	R on Pottery Rd
3.1		20.8	L to Lower Don River Trail/Rte 45
0.4		24.0	Regroup at the Elephant Legs
3.0		24.4	L on Taylor Creek Trail
0.7		27.4	R/L on Dawes Rd to Crescent Town Rd.
0.6		28.1	R on Victoria Park Ave
0.2		28.8	R on Danforth Ave
0.1		28.9	L at Thyra Ave into parking lot
0.0		29.0	END
0.0		29.0	End of route

9.1 kilometers. +77/-50 meters