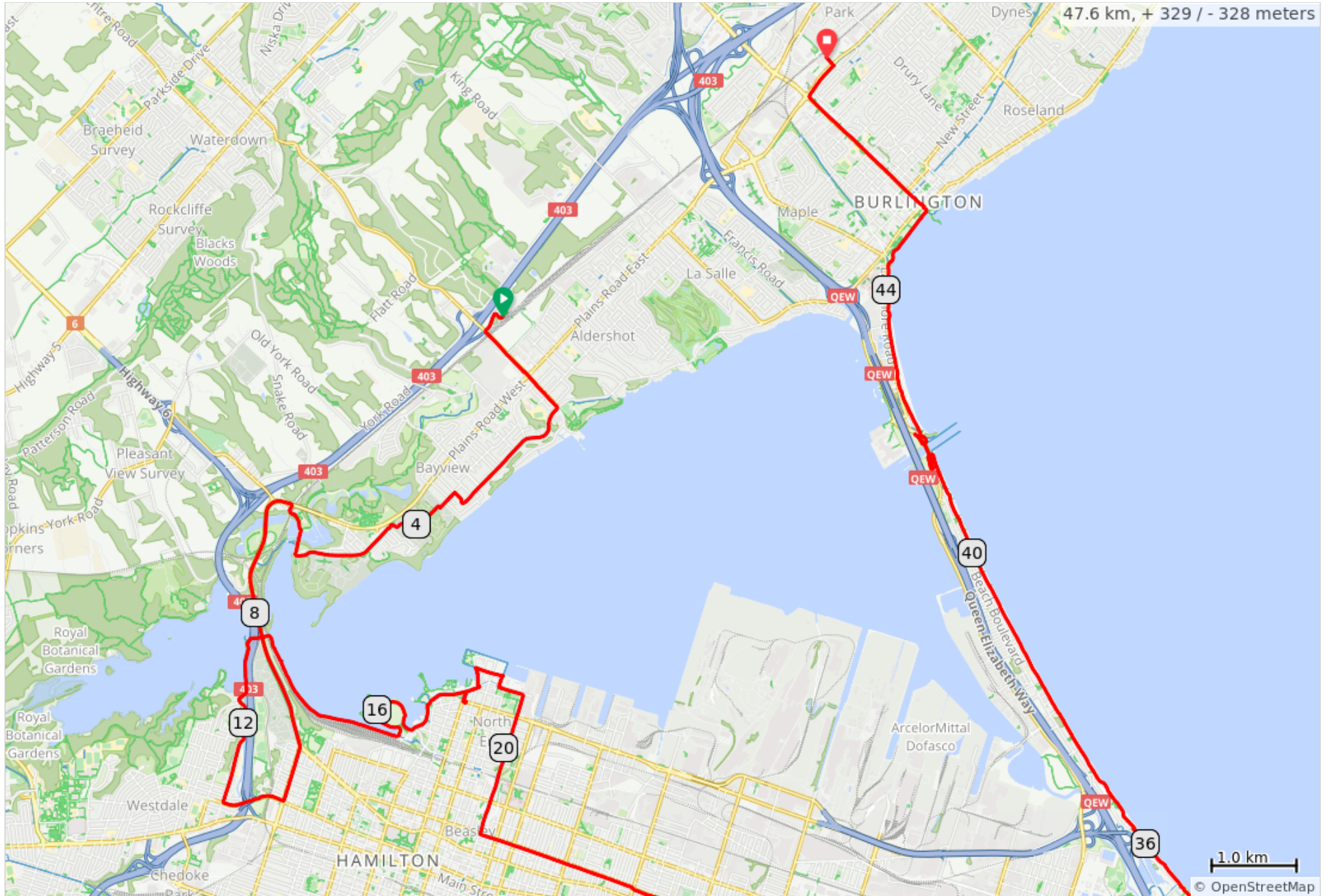


Aldershot -Hamilton Harbour -Hamilton Beach -Confederation Beach Park to Burlington



Aldershot -Hamilton Harbour -Hamilton Beach -Confederation Beach Park to Burlington

0.0	📍	Start of route	0.0
0.0	↑	Exit on the North side of the Aldershot GO Station	0.1
0.1	←	L onto GO station access road	0.2
0.4	←	L on Waterdown road (lights work only on Northeast and Southeast corners)	0.7
1.1	↑	Cross Plains Rd. and continue onto Lasalle Park Rd	0.5
1.6	→	R on North Shore Blvd	1.6
3.2	↗	North Shore curves to R	0.2
3.4	←	L onto Hendrie Ave	0.2
3.6	→	Right/left on cemetery entrance path	0.5
4.1	→	R on path then L toward exit	0.3
4.4	↑	Exit onto Spring Garden Rd.	1.2
5.7	↗	Spring Gardens Rd. curves R	0.3
6.0	↑	Walk bikes up hill through RBG then up the ramp to Plains Rd	0.3
6.4	←	L on Plains Rd- becomes York Blvd as it curves L at lights	3.3
9.6	→	R after cemetery on Dundurn St. N	0.6
10.3	→	R on King St. W	0.7
11.0	→	R on Macklin St. N	1.3
12.3	→	R to cross bridge and L to follow Desjardins trail	0.8
13.1	→	R under bridges and R again to follow Hamilton Harbour Trail	2.5
15.6	←	L to Bayfront Park (Photo Op)	1.4
17.0	←	L along waterfront	0.4
17.3	→	After washrooms turn R onto Leander Dr	0.5
17.8	→	R onto James St N towards Grandad's Donuts	0.1
18.0	←	L onto Burlington and into plaza to Grandad's Donuts	0.1
18.0	→	R onto James St and return to route turning R on Guise St. (Leander)	0.3
18.3	←	L onto Waterfront Trail toward Pier 7 and small park to eat donuts.	0.3
18.6	←	L to cross pier to Catherine St.	0.3

18.6 kilometers. +177/-173 meters

18.9	→	R onto Catharine St N	0.1
19.0	←	Slight L onto Dock Service Rd	0.3
19.3	→	R on Ferguson Ave. N	1.3
20.6	↑	Cross Barton	0.4
21.0	←	L on Cannon St. E. (bike lane)	4.8
25.9	←	Cannon becomes Britannia	0.8
26.6	←	L onto Walter Ave N	0.2
26.8	→	R onto Melvin Ave	1.6
28.4	←	L onto Talbot St	0.2
28.5	→	R into small parking lot for the trail	0.2
28.8	↑	Cross bridge and continue along Barton	2.8
31.6	←	L on Grays Rd	1.0
32.6	↑	Cross bridge over QEW	0.3
32.9	←	L at entrance to Confederation Park	0.3
33.2	→	R onto Breezeway Trail/ Waterfront Trail	0.9
34.1	←	Slight L then R toward WASHROOMS	0.2
34.4	←	L at WASHROOMS	0.1
34.5	→	R then L (slight downhill) to regain trail.	6.8
41.3	←	L, L and L on trail to sidewalk on Burlington lift Bridge	3.1
44.3	→	R on trail through Spencer Smith Park or go on North Shore Blvd (becomes Lakeshore Rd)	0.8
45.1	←	L on Brant St.	0.1
45.2	↑	Cross Lakeshore Rd. L to L'Express Restaurant OR continue north on Brant for GO train	1.8
47.0	→	R on Fairview St.	0.5
47.5	←	L at second set of lights to Burlington GO Station	0.1
47.6	↑	Take Elevator down then through tunnel and up to train platform.	0.0
47.6	📍	End of route	0.0

29.1 kilometers. +152/-152 meters