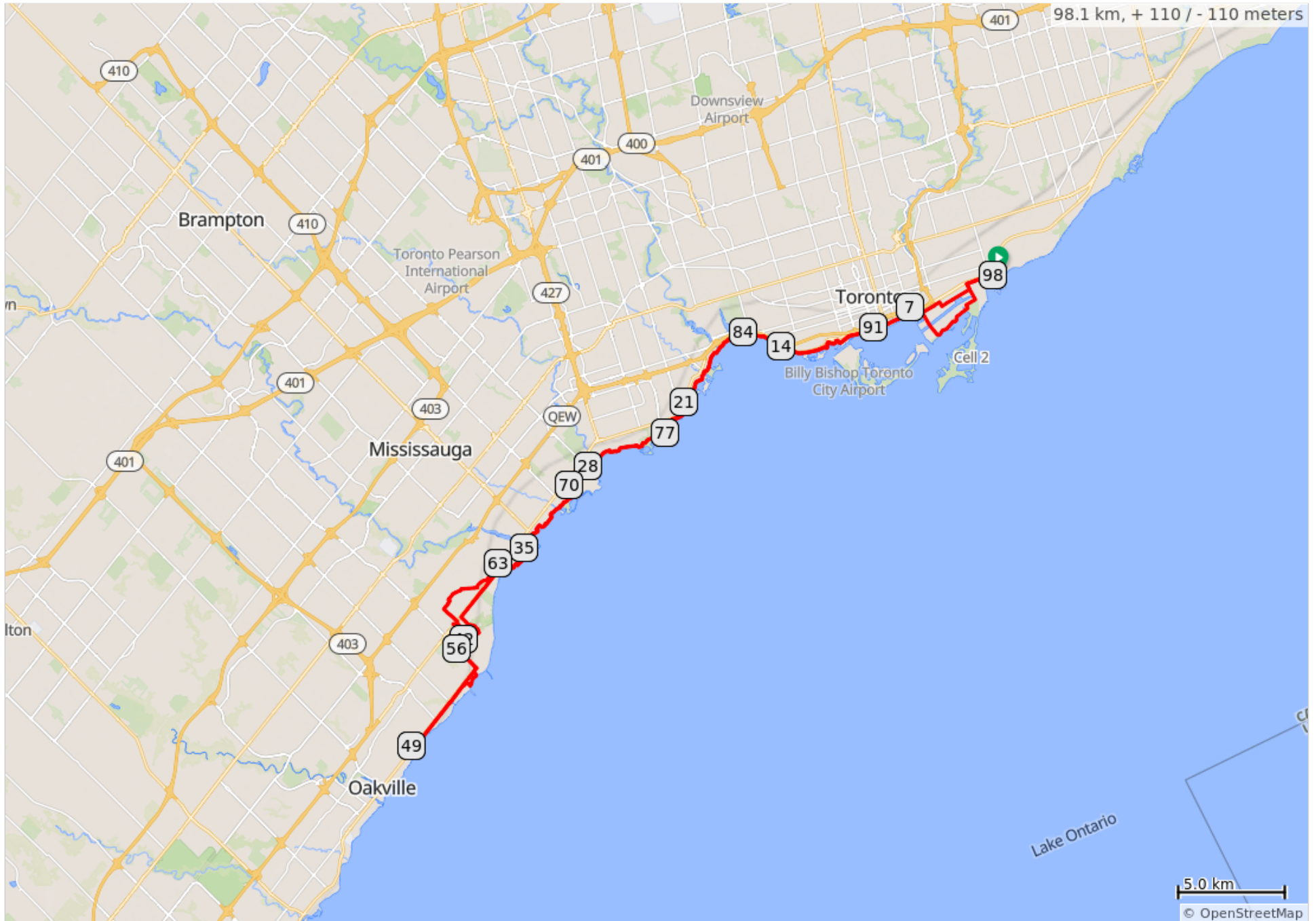


Alan Gordon Ride LW 2023



0.0	📍	Start of route	0.0
0.0	↑	Meet at Boardwalk Place near Lakeshore and Coxwell.	0.0
0.0	→	Head west on Trail	1.5
1.6	←	L at Leslie	0.9
2.4	→	R on trail at Unwin Ave	2.9
5.3	→	R on Trail at Cherry St. Regroup	0.1
5.4	→	Continue on path on Cherry St over the bridge.	1.2
6.6	←	L onto Martin Goodman Trail	11.0
17.5	↑	Continue onto Humber Bay Park E Trail	3.0
20.6	→	R onto Norris Cres.	0.2
20.7	←	L onto Lake Shore Blvd W	1.4
22.1	←	L onto First St	0.1
22.2	↑	Continue onto Lakeshore Dr. Then follow Waterfront Trail	5.0
27.2	←	L into Marie Curtis Pk. Washrooms.	4.9
32.1	→	Waterfront Trail turns R and becomes Cumberland Dr	0.9
32.9	←	L onto Wanita Rd	0.2
33.2	←	L onto Elmwood Ave S	0.7
33.9	←	L onto Port St E	0.7
34.5	←	At Port Credit turn L on Front St S	0.4
34.9	←	Continue into Saddington Pk. Lunch	1.1
36.0	←	Follow trail to Maple Ave	0.1
36.1	←	L and L again on Ben Machree Dr	0.2
36.3	→	Ben Machree Dr turns R and becomes Godfreys Ln	0.1
36.4	←	L on Trail into Rhododendron Gardens	0.5
36.9	←	Leaving Gardens, turn L to stay on paved path by Lakeshore to MeadowWood Rd.	3.0
39.9	←	L onto Meadow Wood Rd	1.2
41.1	→	R onto Orr Rd	1.4

41.1 kilometers. +40/-34 meters

42.5	←	L onto Southdown Rd	1.1
43.7	←	At Lakeshore Rd., turn L onto Trail through park	2.6
46.3	←	At Winston Churchill, turn L onto Lakeshore Rd E	2.9
49.2	←	L at Cairncroft Rd (at lights) into Gairloch Gardens: Picnic Lunch	0.7
49.9	→	RETURN: Turn R onto Lakeshore Rd E	2.9
52.8	→	R onto Waterfront Trail	2.2
55.0	↑	Continue onto Southdown Rd	1.1
56.1	→	R onto Orr Rd	0.8
56.9	←	L onto Clarkson Rd	0.9
57.7	←	L onto Lakeshore Rd W to McDonalds if Washroom is necessary	0.1
57.9	→	R into McDonalds	0.2
58.1	←	Return- Turn L onto Lakeshore Rd W	0.2
58.3	←	L on Clarkson Rd. N.	0.9
59.1	→	R onto Birchwood Dr	0.3
59.5	←	Jog L on Ravine R on Birchwood, then R again on Birchwood	1.1
60.5	→	R onto Lorne Park Rd	0.8
61.3	←	L onto Queen St W	1.4
62.7	→	R onto Shawnmarr Rd	0.4
63.1	←	Cross Lakeshore Rd. at lights into Rhododendron Pk.	0.2
63.3	←	WASHROOMS in park Washrooms in Park	0.1
63.4	←	Retrace route to Saddington Pk	1.7
65.1	→	R onto Front St S	0.4
65.4	→	R and cross the bridge	0.7
66.1	→	Retrace route on Port St. to Waterfront Trail	0.6
66.7	←	Waterfront Trail turns L and becomes Elmwood Ave S	0.1
66.8	→	R onto Wanita Rd	0.2
67.1	→	R onto Cumberland Dr	0.9

25.9 kilometers. +37/-53 meters

67.9	←	Cumberland Dr turns L and becomes Waterfront Trail	3.5
71.4	→	Slight R into Marie Curtis Pk.	1.7
73.1	→	Waterfront Trail turns slightly R and becomes Lake Promenade	4.7
77.8	←	Follow trail East to First St. Turn L	0.1
77.9	→	R onto Lake Shore Blvd W	1.4
79.2	→	R onto Norris Crescent	1.5
80.7	←	L to stay on Humber Bay Park W Trail	0.2
81.0	←	Humber Bay Park W Trail turns slightly L and becomes Humber Bay Park E Trail	1.5
82.4	↑	Continue on Martin Goodman Trail	0.2
82.6	↑	Cross Humber Bridge	10.8
93.4	→	R onto Cherry St	0.2
93.6	←	L onto Villiers St	1.0
94.5	→	R onto Saulter St S	0.2
94.7	←	L onto Commissioners St	1.5
96.2	↑	Cross Leslie and turn L	1.8
98.0	←	Continue on Trail	0.1
98.1	←	L to parking lot and END !	0.0
98.1	📍	End of route	0.0

31.1 kilometers. +22/-22 meters