

TNT-H-Winston Churchill finish

Dist	Type	Note	Next
0.0	▶	Start of route	0.0
0.0	□	START Get on Burnhamthorpe Rd and ride west	15.6
15.6	←	L onto Neyagawa Blvd	2.3
17.9	→	R onto Dundas St / Hwy 5 (35 km to Peter's Corners)	19.4
37.3	🍴	Tim Hortons	15.4
52.7	←	At the roundabout (just past Hwy 8 East) 3rd exit onto Hwy 52 going south to Copetown	8.3
61.0	←	At the roundabout, 3rd exit onto Jerseyville Rd going east	5.0
66.0	→	WATCH R onto Fiddlers Green Rd/Regional Rd 16	0.2
66.2	🍴	FACILITIES OPTION R onto Wilson St for On The Run at Esso station	7.9
74.1	←	L onto Carluke Rd/RR 65	0.8
74.9	←	Keep L to stay on Carluke Rd/RR 65	0.3
75.2	↑	Stay on RR 65. Now it's White Church Rd	9.2
84.4	←	Keep L to stay on RR 65/White Church Rd	0.2
84.7	↑	Stay on RR 65. Now it's Binbrook Rd	2.6
87.3	↑	At the roundabout, continue straight to stay on Binbrook Rd	0.7
88.0	🍴	FOOD/FACILITIES in Binbrook at RR 56. Tim Hortons to the L. Variety Store to the R.	6.3

88.0 kilometers. +397/-339 meters

Dist	Type	Note	Next
94.3	↑	Continue on RR 65. Now it's Silver St/Bismark Rd	20.8
115.0	→	R onto RR 27/Wellandport Rd	4.5
119.5	□	The Store in Wellandport seems to be closed.	0.1
119.6	↑	After the Store go across the bridge to stay on RR 27. Now it's River Rd	0.4
120.0	←	Bear L to stay on Regional Rd 27	18.7
138.7	→	R onto Broadway St entering Welland	1.2
139.9	↑	Continue onto Ontario Rd	1.6
141.5	🍴	FOOD Tim Hortons	1.1
142.6	←	L onto Memorial Park Dr	1.0
143.6	←	L onto Lincoln St/Regional Rd 29	0.0
143.7	→	R onto Wellington St	1.0
144.7	→	R onto E Main St	0.2
144.9	↑	At the roundabout, continue straight towards tunnel (goes underneath the Welland Canal)	0.1
145.0	□	ROADWAY OPTION Continue on roadway into tunnel. First put on tail light, wait for break in traffic	0.0
145.0	□	WALKWAY OPTION Take pedestrian crossing to north side of road for walkway through tunnel	2.2
147.3	←	L onto Darby Rd	3.9
151.1	→	R onto Biggar Rd	5.8
157.0	↑	Continue onto Lyons Creek Rd/Regional Rd 47	5.8

69.0 kilometers. +47/-71 meters

Dist	Type	Note	Next
162.7	↑	Continue onto Main St	1.0
163.8	←	L onto Portage Rd (other sign is Willoughby Dr)	0.2
164.0	➔	R onto Macklem St immediately after bridge (sign for "The Falls")	0.4
164.3	↑	Continue onto Niagara Pkwy	0.0
164.4	🚰	WATER TAP and washrooms at Kingsbridge Park	4.7
169.0	↑	Continue onto River Rd	4.9
173.9	↑	Continue onto Niagara Pkwy	3.8
177.7	⚠️	Approaching power plant - Busy narrow road. Take bike path.	1.8
179.5	➔	At the roundabout at Queenston Heights, keep to the R to stay on Niagara Pkwy STEEP DESCENT	10.5
190.1	↑	Continue onto Queen's Parade	1.4
191.5	↑	Past Shaw Theatre, Continue onto Picton St	0.3
191.8	←	L onto King St, or FOOD OPTION: Straight ahead on Queen St for 1.5 blocks to Taylor's Bakery & Ice Cream, then return and go R on King St	0.8
192.5	➔	R onto Mary St	1.1
193.6	←	Slight L onto RR 87/Lakeshore Rd	6.4
200.0	←	Keep L to stay on Lakeshore Rd	0.1
200.2	↑	Continue onto Townline Rd	0.6

43.2 kilometers. +264/-362 meters

Dist	Type	Note	Next
200.8	↑	Continue onto Lakeshore Rd	4.6
205.4	☐	Lock 1 bridge. If you have to wait while bridge is up, you may deduct the wait time from your overall time.	4.6
209.9	➔	R onto RR 87/ Lakeport Rd (at Subway)	0.9
210.9	←	Slight L onto Lock St	0.1
211.0	←	L onto Main St	2.2
213.3	↑	Continue onto Lakeshore Rd W	1.8
215.1	←	L onto Seventh Street Louth	0.4
215.5	↑	At the roundabout, continue straight to stay on Seventh Street Louth/Regional Rd 34	0.3
215.8	↑	At the roundabout, continue straight to stay on Seventh Street Louth/Regional Rd 34	4.4
220.1	➔	R onto St Paul St / King St / Niagara Regional Rd 81	5.4
225.5	←	L onto Nineteenth St and climb hill	0.3
225.8	←	Bear L at fork with Glen Rd to stay on Nineteenth St	2.0
227.8	➔	R onto Seventh Ave	1.9
229.7	➔	R onto Victoria Ave	1.5
231.2	←	L onto Fly Rd/RR 73 at traffic light	3.4
234.6	🍴	FOOD Campden General Store	6.4
241.0	↑	Fly Rd becomes Mud St	11.5
252.5	←	Keep L to continue on Mud St/RR 73	1.1

52.3 kilometers. +208/-92 meters

Dist	Type	Note	Next
253.6	➔	WATCH R onto Eleventh Rd	1.1
254.7	➔	R onto Green Mountain Rd and go 70 metres	0.1
254.8	➡	L onto Eleventh Rd	2.4
257.2	⚠	STEEP DESCENT	2.3
259.5	➡	WATCH L onto Barton St (200 metres past Hwy 8)	8.5
268.0	➔	R onto Grays Rd	1.2
269.2	➔	R onto Frances Ave	0.1
269.4	➔	R onto Drakes Dr	0.1
269.5	➔	R onto N Service Rd	1.9
271.4	⬆	Continue onto Van Wagners Beach Rd, or TRAIL OPTION: Hamilton Beach Trail on your R. Go slow for pedestrians	0.6
272.1	➔	R to stay on Van Wagners Beach Rd	1.9
274.0	➔	R onto Beach Blvd	3.7
277.6	➔	R to stay on Beach Blvd and cross lift bridge. If you have to wait while bridge is up, you may deduct the wait time from your overall time.	0.5
278.2	☐	OPTION for lift bridge. If you took the Trail, you can use the pedestrian stairs and pedestrian walkway	0.2
278.3	⬆	Continue onto Eastport Dr	0.4
278.7	➔	R onto Lakeshore Rd	2.0
280.7	➔	R to stay on Lakeshore Rd	23.8
304.5	➡	L onto Winston Churchill Blvd/Peel 19	8.3

52.0 kilometers. +18/-138 meters

Dist	Type	Note	Next
312.8	➔	R onto Burnhamthorpe Road West	7.7
320.5	☐	FINISH at Duke of York Blvd	0.0
320.5	🚩	End of route	0.0

16.0 kilometers. +31/-46 meters