## TBN Wednesday Night Ride: From Riverdale and trails to the Beaches

Þ	Start of route	0.1	0.0
<b>←</b>	L onto Victor Ave	3.0	0.1
<b>←</b>	L onto Gamble Ave	0.1	3.1
<b>→</b>	R onto Broadview Ave	0.3	3.2
<b>→</b>	Slight R onto O'Connor Dr	0.8	3.6
$\rightarrow$	R onto Lower Don Recreation Trail	0.1	4.4
<b>←</b>	Keep L to stay on Lower Don Recreation Trail	0.0	4.5
<b>→</b>	R onto Lower Don River Trail/Rte 45	2.5	4.5
1	Continue onto Taylor Creek Trail	1.4	6.9
<b>←</b>	Keep L to stay on Taylor Creek Trail	1.6	8.3
<b>←</b>	L towards bridge to continue on the trail	0.5	9.9

9.9 kilometers. +75/-60 meters

<b>+</b>	L to stay on Martin Goodman Trail at Leslie St.	0.8	18.6
$\rightarrow$	R onto Unwin Ave	0.8	19.4
<b>↓</b>	L onto Waterfront Trail by crossing the pedestrian/cycling bridge	3.4	20.2
$\rightarrow$	After crossing Lake Shore Blvd E, follow trail, R and continue.	0.3	23.6
1	Continue straight to stay on Lower Don River Trail/Rte 45	0.5	23.9
$\rightarrow$	R at fork in the path, towards bridge to Don Roadway	0.8	24.3
<b>←</b>	L onto Logan Ave	1.8	25.2
<b>←</b>	L onto Langley Ave	0.7	26.9
	End of route	0.0	27.6

L to go up hill 0.3 10.4 R onto Victoria Park 1.7 10.7 Ave R onto Swanwick Ave 0.2 12.5 L onto Scarborough 12.7 0.9 Rd R onto Pine Ave 1.1 13.6 L to stay on Glen 0.2 14.7 Manor Dr L onto Queen St E 0.0 14.9 R onto Glen Manor 0.4 14.9 Follow path to Martin 2.1 15.3 Goodman Trail, L on the trail. L to continue on 1.1 17.4 Martin Goodman Trail on Lake Shore Blvd E

7.5 kilometers. +23/-55 meters



10.2 kilometers. +20/-1 meters

## TBN Wednesday Night Ride: 16 July 2014



