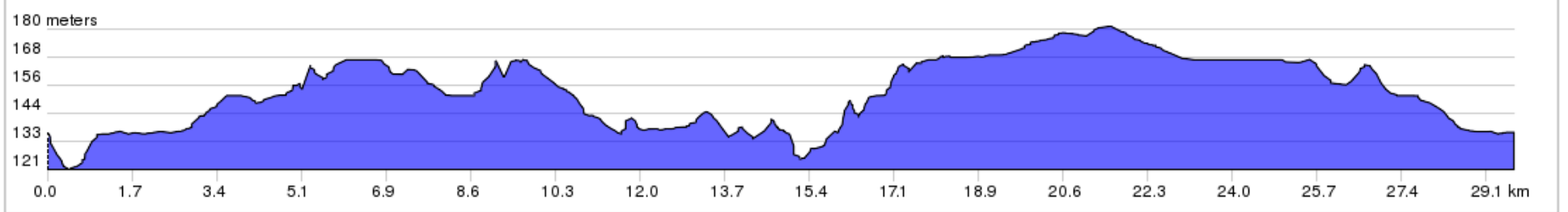
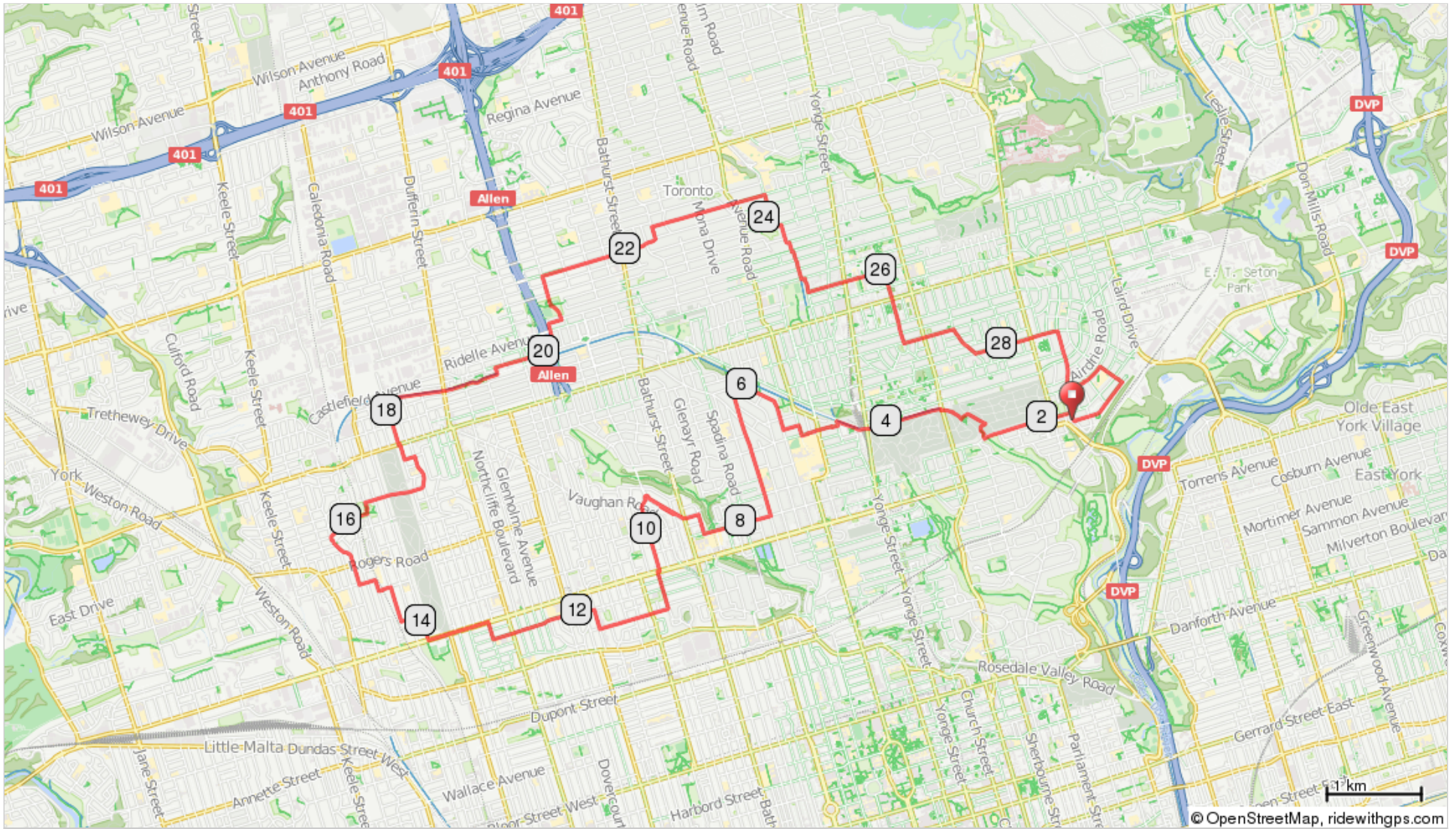


Midtown Ride to Forest Hill



Midtown Ride to Forest Hill

0.	▶	Start of route	0.0	0.0
1.	←	L onto Leacrest Rd	0.0	1.0
2.	←	L onto Sutherland Dr	1.0	0.5
3.	←	L onto Bessborough Dr	1.5	1.2
4.	→	R onto Beltline Trail in Mount Pleasant Cemetery.	2.7	0.1
5.	→	R	2.8	0.1
6.	←	L	2.9	0.2
7.	←	L	3.1	0.1
8.	→	R	3.2	0.3
9.	→	R toward Kay Gardner Beltline Trail	3.4	0.0
10.	←	L onto Kay Gardner Beltline Trail	3.4	1.1
11.	←	L onto Lascelles Blvd	4.6	0.0
12.	→	R onto Kilbarry Rd	4.6	0.5
13.	→	R onto Avenue Rd	5.1	0.1
14.	←	L onto Killarney Rd	5.2	0.2
15.	→	R onto Forest Hill Rd	5.4	0.9

5.4 kilometers. +49/-21 meters

16.	←	L onto Russell Hill Rd	6.2	1.5
17.	→	R onto Heath St W	7.8	0.7
18.	→	R onto Lonsmount Dr	8.5	0.2
19.	←	L onto Lonsdale Rd	8.7	0.2
20.	↑	Continue onto Claxton Blvd	8.8	0.4
21.	↑	Make a U-turn at Raglan Ave	9.3	0.3
22.	↑	At the roundabout, 2nd exit onto Connaught Cir	9.6	0.2
23.	↑	Continue onto Wychwood Ave	9.8	0.7
24.	←	L onto Wychwood Ave	10.5	0.4
25.	→	R onto Tyrrel Ave	10.9	0.8
26.	→	R onto Winona Dr	11.7	0.2
27.	←	L onto Benson Ave	11.9	0.1
28.	↑	Continue onto Rosemount Ave	12.0	1.2
29.	←	L onto St Clair Ave W	13.2	0.7
30.	→	R onto McRoberts Ave	13.9	0.3
31.	←	L onto Norman Ave	14.1	0.2

8.8 kilometers. +41/-69 meters

32.	→	R onto Gilbert Ave	14.3	0.4
33.	↑	pedestrian overpass	14.8	0.2
34.	←	Prescott Ave turns L and becomes Rowntree Ave	15.0	0.8
35.	→	R onto Dunraven Dr	15.8	0.4
36.	↑	Dismount bike and tunnel under the railroad tracks.	16.2	0.1
37.	←	L onto Gilbert Ave	16.3	0.1
38.	→	R onto Kitchener Ave	16.4	0.6
39.	↑	Continue onto Nairn Ave	17.1	0.3
40.	←	L onto Thornton Ave	17.4	0.1
41.	→	R onto Harvie Ave	17.5	0.2
42.	←	L onto Eglinton Ave W	17.7	0.0
43.	→	R onto Ronald Ave	17.7	0.5
44.	→	R onto the York Beltline Trail.	18.2	0.5
45.	↑	Continue straight to stay on York Beltline Trail	18.7	0.9
46.	→	R onto Roselawn Ave	19.6	0.5

5.5 kilometers. +54/-24 meters

47.	↑	Continue onto Elm Ridge Dr	20.1	0.2
48.	←	L onto Newgate Rd	20.3	0.3
49.	→	R onto Briar Hill Ave	20.5	0.1
50.	←	L onto Marwood Ct	20.7	0.2
51.	↑	Continue onto Shermount Ave	20.9	1.5
52.	←	L onto Glen Rush Blvd	22.5	0.1
53.	→	R onto Glengrove Ave W	22.6	1.2
54.	→	R onto Rosewell Ave	23.8	0.3
55.	→	R onto Alexandra Blvd	24.1	0.2
56.	↑	Continue straight onto Lytton Blvd	24.3	0.2
57.	→	R onto Rosewell Ave	24.5	0.2
58.	→	R to stay on Rosewell Ave	24.7	0.1
59.	←	L onto Briar Hill Ave	24.8	0.0
60.	→	R onto Rosewell Ave	24.8	0.3
61.	←	L onto Roselawn Ave	25.1	0.0
62.	→	R onto Edith Dr	25.2	0.1

5.6 kilometers. +7/-16 meters

63.	←	L onto Montgomery Ave	25.3	0.8
64.	→	R onto Redpath Ave	26.2	1.3
65.	→	R onto Forman Ave	27.5	0.3
66.	←	L onto Millwood Rd	27.8	1.5
67.	→	R onto Sutherland Dr	29.4	0.0
68.	←	L onto Bessborough Dr	29.4	0.2
69.	↑	Continue onto Mallory Crescent	29.6	0.1
70.	▀	End of route	29.7	0.0

4.5 kilometers. +9/-39 meters