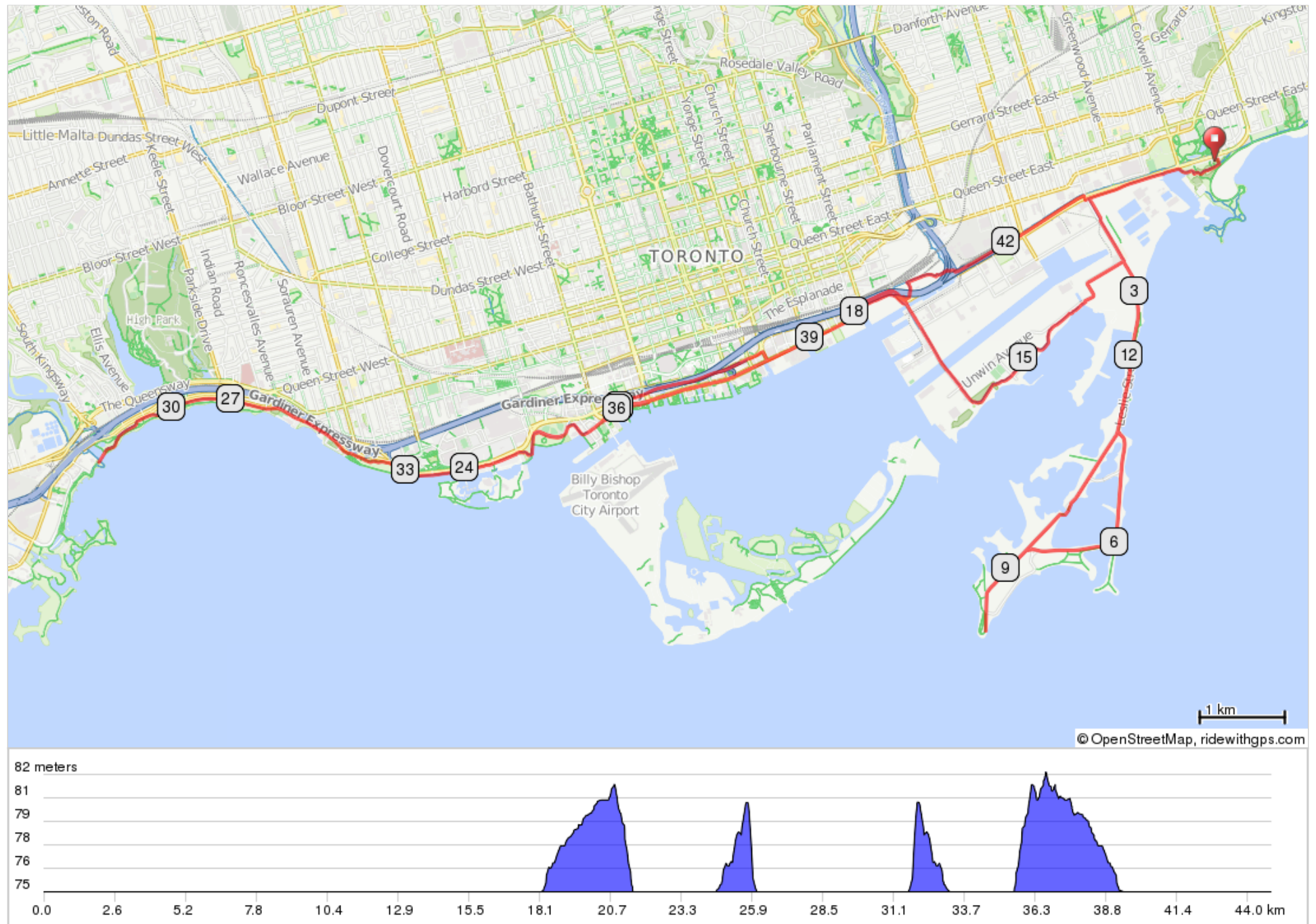


Boardwalk Place to the Leslie Spit & Humber River



Boardwalk Place to the Leslie Spit & Humber River

0.	■	Start of route	0.0	0.0
1.	→	R	0.0	0.1
2.	→	R onto Martin Goodman Trail	0.1	0.2
3.	→	R to stay on Martin Goodman Trail	0.3	0.0
4.	←	Slight L to stay on Martin Goodman Trail	0.4	0.0
5.	→	Slight R to stay on Martin Goodman Trail	0.4	1.3
6.	←	L to stay on Martin Goodman Trail	1.7	0.8
7.	←	Slight L onto Leslie St	2.6	2.1
8.	←	L at fork.	4.6	2.4
9.	←	L towards Lighthouse	7.0	6.1
10.	↑	Continue straight onto Leslie St	13.1	0.1
11.	←	L onto Unwin Ave	13.2	0.8
12.	←	L toward Waterfront Trail	13.9	0.0
13.	→	R onto Waterfront Trail	13.9	3.4

13.9 kilometers. +0/-0 meters

14.	←	Slight L onto Lake Shore Blvd E	17.3	0.6
15.	←	L onto Parliament St	17.9	0.2
16.	↑	Continue onto Queens Quay E	18.1	3.7
17.	←	Slight L to stay on Waterfront Trail	21.7	0.1
18.	←	Waterfront Trail turns slightly L and becomes Martin Goodman Trail	21.8	0.5
19.	→	Sharp R onto Remembrance Drive	22.3	0.3
20.	→	R toward Martin Goodman Trail	22.6	0.0
21.	→	R onto Martin Goodman Trail	22.6	0.3
22.	←	L onto Remembrance Dr	22.9	0.3
23.	→	R onto Martin Goodman Trail	23.2	1.4
24.	→	Slight R to stay on Martin Goodman Trail	24.6	2.0
25.	←	Slight L to stay on Martin Goodman Trail	26.6	7.0

12.6 kilometers. +12/-12 meters

26.	→	Slight R to stay on Martin Goodman Trail	33.6	0.9
27.	←	L onto Remembrance Dr	34.5	0.3
28.	→	R onto Martin Goodman Trail	34.8	0.5
29.	→	Slight R onto Waterfront Trail	35.3	0.1
30.	→	Slight R to stay on Waterfront Trail	35.3	0.2
31.	←	Slight L to stay on Waterfront Trail	35.5	0.1
32.	↑	Continue onto Queens Quay W	35.6	0.8
33.	←	L onto Lower Spadina Ave	36.4	0.0
34.	←	L onto Queens Quay W	36.4	0.2
35.	→	R onto Yo-Yo Ma Lane	36.6	0.1
36.	→	R onto Lake Shore Blvd W	36.7	1.0
37.	↑	Continue onto Harbour St	37.6	0.6

11.0 kilometers. +9/-3 meters

38.	→	Keep R follow signs for Lake Shore Boulevard East/Queens Quay	38.2	0.1
39.	→	R onto Yonge St	38.3	0.1
40.	←	L onto Queens Quay E	38.4	1.1
41.	↑	Continue onto Parliament St	39.6	0.8
42.	←	L towards traffic island.	40.3	0.0
43.	↑	Cross Lakeshore to get onto bike path.	40.4	0.3
44.	→	R onto Lower Don River Trail/Rte 45	40.7	0.5
45.	↑	Continue onto Lower Don Recreation Trail	41.1	0.1
46.	←	Slight L to stay on Lower Don Recreation Trail	41.3	0.0
47.	←	L to stay on Lower Don Recreation Trail	41.3	1.7
48.	→	R onto Martin Goodman Trail	43.0	0.0
49.	←	Slight L to stay on Martin Goodman Trail	43.1	1.4

5.5 kilometers. +0/-4 meters

50.	←	Slight L to stay on Martin Goodman Trail	44.5	0.1
51.	←	L to stay on Martin Goodman Trail	44.6	0.2
52.	←	L towards Boardwalk Place.	44.8	0.1
53.	▀	End of route	44.9	0.0

1.8 kilometers. +0/-0 meters