

## High Park Lakeshore Flat 64 km

0.	►	Start of route	0.0	0.1
1.	→	R onto Colborne Lodge Dr	0.1	1.1
2.	→	R onto Martin Goodman Trail	1.2	2.7
3.	←	L to stay on Humber Bay Park East Trail	3.9	0.3
4.	→	R onto Humber Bay Park Rd W	4.2	0.1
5.	←	L onto Lake Shore Blvd W	4.3	17.9
6.	←	L onto Southdown Rd S	22.2	1.9
7.	↑	Continue onto Lakeshore Rd W	24.2	7.4
8.	←	L into the Town Square. Greenbean Coffee house is located south of the lawn.	31.6	0.0
9.	☕	LUNCH BREAK at The Greenbean Coffee House	31.6	7.4
10.	↑	Continue onto Southdown Rd	39.0	1.1
11.	→	R onto Orr Rd	40.1	1.4

40.1 kilometers. +77/-84 meters

12.	←	L onto Meadow Wood Rd	41.5	1.2
13.	→	R onto Lakeshore Rd W	42.7	17.0
14.	→	R onto Marine Parade Dr	59.7	0.6
15.	→	R toward Humber Bay Park East Trail	60.3	0.0
16.	←	L onto Humber Bay Park East Trail	60.3	0.8
17.	↑	Continue onto Martin Goodman Trail	61.1	1.4
18.	←	L onto Colborne Lodge Dr	62.5	1.1
19.	←	L at Centre Rd	63.6	0.1
20.	►	End of route	63.7	0.0

23.6 kilometers. +66/-50 meters



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**T o r o n t o**  
*b i c y c l i n g*  
**N e t w o r k**

